

# STRIDER



**the newsletter of the Long Distance Walkers Association**



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# THE LONG DISTANCE



**What's this then?**

HAVE WESSEX FOUND THE ULTIMATE IN LONG DISTANCE PATHS?

NO - JUST A PAUSE TO ADMIRE THE GIANT AND ANCIENT MIZ-MAZE NEAR WHITSBURY.

## WALKERS ASSOCIATION

**President: Lt Col Richard Crawshaw OBE, TD, DL, MP.**

### **Committee**

<u>CHAIRMAN</u>	Keith Chesterton (81)
<u>SECRETARY</u>	Alan Blatchford (2)
<u>TREASURER</u>	Chris Barton (695)
<u>EDITOR</u>	Chris Steer (1)
<u>PUBLICITY</u>	Mac McArthur (1182)
<u>MEMBERSHIP SECRETARY</u>	John Feist (638)
<u>COMMITTEE</u>	Tony Cresswell, Mike Powell Davies, Eric 'Grice, Ann Sayer, Peter Rickards (retired).
<u>REPRESENTATIVE FOR SCOTLAND</u>	David Rogerson (390)

**ACKNOWLEDGEMENTS** We are grateful to and thank all contributors for the copy received and to the following for photographs:

Barbara Blatchford: Pages 31, 41, 42 & 49 and the cover taken at the start of the Surrey Summits last year.

Tony Wimush: Page 10. Tom Anderson: Pages 19 & 20 (converted from slides to black and white by Barbara)

Cyril Richardson: Page 32. The remainder were taken by the Editor.

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Edited by Chris Steer Assisted by Alan Blatchford. Events news Ann Sayer. Typing Margaret Steer. Addressograph Jeff Ellingham & Sue Coles. Despatched with the assistance of local members. STRIDER 21 will be despatched in August. All copy to be in by mid-May please. Group news latest Mid-June.



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# ANNUAL REPORT

THE FOLLOWING REPORT, PREPARED BY THE SECRETARY FOR PRESENTATION TO THE ANNUAL GENERAL MEETING AND THE LIMITED NUMBER PRESENT, WAS CONSIDERED WORTHY OF A WIDER AUDIENCE AND IS REPRODUCED HERE FOR ALL MEMBERS.

In the year since the fifth A.G.M. we saw a continued increase in membership, more walks being held, more local groups coming into being, and our magazine reaching new levels with every issue. Another "Downsman" was successfully staged and several local groups organised well attended challenge and social walks. As a national organisation we received mentions in a number of publications.

The practice of holding the Annual General Meeting, normally a rather dry affair, in a licensed hotel again proved popular although slightly fewer people attended than did in the previous year. The elections for committee provided little in the way of surprises and all the resigning officers were re-elected without opposition. The choice of five committee members from eight candidates gave the other members the chance to exercise their voting powers and this resulted in four new faces on the committee. During their term of office they met at Chobham, Malvern, Leeds and will do so on the morning of the A.G.M. at Marlow. With members residing as far from each other as Malvern, Aberdeen, Newcastle and Guildford it was inevitable that much travelling had to be done for meetings and it was commendable that only two people missed one.

Some of the decisions taken by the committee included raising the annual subscription, as per the mandate given it at the A.G.M., to £1.25, choosing the name for the magazine, previously simply called "the Newsletter", abolishing the Regional Representatives in favour of a Local Groups Co-ordinator, agreeing to commission car stickers for publicity. During the year the Publicity Officer resigned and Eric Grice, another member of the committee, took over his responsibilities.

The membership figure grew steadily although many members failed to renew their subscriptions. Currently the number of paid up members stands at about 1500, with the total all-time number of members approaching 2500. A selection of non-renewing members was contacted with a view to finding if there was any common reason for their lapsing support for the association but the result was inconclusive. John Feist, the Membership Secretary, is our hardest working official but fortunately he has been able to conscript some help from nearby members to lighten his task.

The one thing that provides a bond between all members is our magazine, recently named "Strider". This has now come through three stages of evolution and its present professional appearance is due to the many hours of work put into it by Editor and founder member Chris Steer and his wife Margaret who does the typing. They are backed up by a small team of local members who assist with the despatching. Chief among these is Jeff Ellingham who is responsible for addressing the envelopes and supervising the operation. With the introduction of the new name came the new format and I think that most people would agree that "Strider" would not look out of place on any Newsagents bookshelf. It is encouraging to see that many members are willing to contribute articles, pictures and sketches without which, of course, the magazine would be considerably less interesting. Apart from a few A4 size duplicated "Newsletters" there are few back numbers remaining and, if walking ever becomes as popular as football, those early members who have a complete set of publications might one day have a valuable asset!

In 1977 walks, both challenge and social, increased in number and were organised in some parts of the country previously devoid of such events. Our major promotion was the third "Downsman Hundred" which was again well supported. Entries had to be stopped nearly two months before the walk because the limit of 250 had been reached. To take part in the longest walk of the year people came from as far afield as Scotland, Northern Ireland and Holland. It would appear that the hundred miles test is not so formidable as it used to be and walkers who would never have dreamed that they would attempt so long a trek are now finding that they can meet the challenge. The number of finishers in the "Downsman" has risen from just over 50% in 1973 to nearly 70% in 1977.

Many local groups now organise at least one challenge walk and many are now firmly established in the Calendar. The longest is the tough "Surrey Summits" walk at 100 kilometres in length.

During the year Ann Sayer took on the unofficial title of "Events Secretary" and thus relieved the Editor of the job of finding out when the many walks were to take place. The result is the "Calendar" in "Strider".

With "the hundred" seemingly within more people's grasp the interest in achieving Centurion status has increased. To the uninitiated, a Centurion is one who has walked fairly at least one hundred miles in an officially sanctioned race within 24 hours. Generally, one such "Centurion" walk is held each year and last year Bristol was the venue. Of the hundred or so entrants by far the largest contingent was from the LDWA, although our two lady entrants, accepted for the first time in this country, declared their allegiance to other clubs. Among the starters was our President Dick Crawshaw, but on this occasion he was not among the finishers. The revelation of the walk was the successful completion by Ann Sayer - who beat most of the men - and Di Pegg who also produced a creditable time and thus, after some debate, became the first ever women Centurions.

The cloth badges keep selling well and each member must have at least three by now if the figures are anything to go by. After a long period with no sales the interest in ties suddenly grew and the remaining stock quickly sold out so sixty people were unlucky. However, a new batch has been commissioned but they will be dearer. The "T" shirts introduced about two years ago are also selling well and Tony "Tee Shirt" Cresswell produced a new humorous design during the year and these have also proved to be in demand. The London Countryway booklet by chairman Keith Chesterton has already sold one edition and the second is now being issued. Later this year a larger version is to be published by Constables.

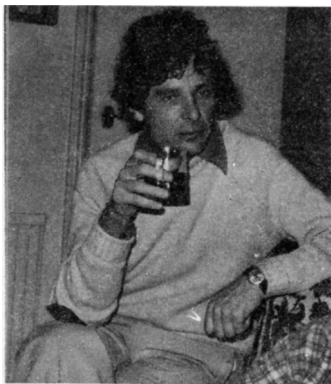
On the publicity side we continued to advertise in "Climber & Rambler", "Youth Hosteller" and "Rucksack". The forthcoming car stickers will also publicise our existence although it may seem a little incongruous for walking to be advertised on cars. Financially the association was still in the black and some of our assets were transferred to a Building Society fund. Whilst the subscription went up, donations went down. With the new stile magazine obviously costing more to produce, funds will not grow appreciably greater than at present. Another small source of income has been from events such as the "Downsman".

Looking ahead, this year should bring even more walks, more members and a few new local groups. The possibility of holding a hundred miles challenge walk in the West Country is being investigated and this would be held in 1979 if feasible, thus pushing the "Downsman" back into 1980. Even longer walks are being mooted but the next logical distance, be it 200kms or 150 miles, is a far greater step than going from 50 to 100 miles, and the time factor is a major obstacle for officials and walkers alike. ●

AW Blachford

HON. SECRETARY

# THE 6th A.G.M. & DINNER



**SATURDAY 8th APRIL 1978**

## A MESSAGE FROM YOUR CHAIRMAN KEITH CHESTERTON:

There will be plenty of space at the meeting at the "George & Dragon Marlow, starting at 2.30 p.m. and I hope to see a record number of you there to air your views.

There are still a few seats left for the dinner at 7.30 p.m. and if you apply to me promptly it should be possible to fit you in. Just send £3.50 per head

All are welcome to come on the Sunday walk starting from the George & Dragon at 10.a.m.

## **COMMITTEE MEETING NOTES**

MALVERN 26TH NOVEMBER, 1977 - Nine members attending.

Peter Rickards has resigned as Publicity Officer and Mac McArthur has taken over until the A.G.M.

Membership number 2230 issued. 61 new members since October 1st. 1422 paid-up members for the year to October 1st. New information sheet for publicity to be produced. Possibility of Vice-Presidents discussed. Action deferred.

1700 copies of first "Strider" produced at a cost of £547 including postage. Possibility of four issues per year and inclusion of small adverts discussed. More Editorial help required.

Car stickers to be produced for publicity. Adverts to go in "Climber & Rambler", "Youth Hosteller", "Rucksack" and "Fellsman" book.

A.G.M. arrangements near finalisation by K.Chesterton.

Cleveland Hundred entry sheets printed and first entry received. "Two Moors Way Hundred" being investigated. "Peakland Hundred" event seemed to have many obstacles to overcome if again promoted. Icknield Eighty hoped to be promoted again about July.

LDWA Handbook suggested but no action taken.

"South West" Group having trouble finding a suitable name. Geographical name preferred.

Tie stock nearly exhausted. Cost of new batch to be investigated. 450 "T" shirts sold to date, plus 100 new design and 30 sweater shirts. "London Countryway" first edition booklet nearly sold out and second edition now being sold.

Communication with Forestry Commission with regard to long distance routes and bothy accommodation in forest land.

**NEXT MEETING:** March 18th at Chobham in Surrey.

**Hon. Sec.**

# **THE MEMBERSHIP SECRETARY**

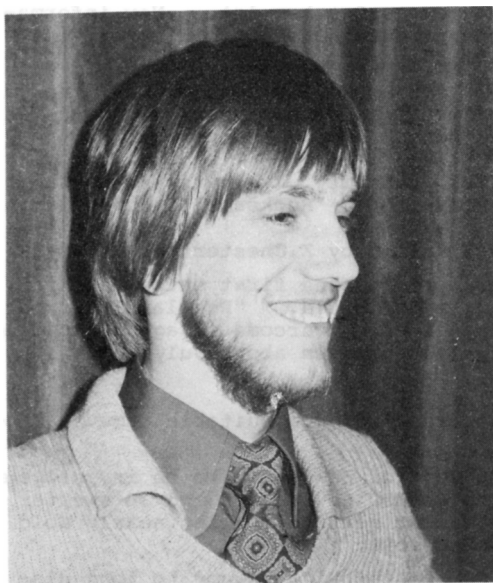
## **JOHN FEIST**

SUBSCRIPTIONS BECAME DUE ON JANUARY 1ST FOR ALL MEMBERS EXCEPT THOSE WHO JOINED AFTER OCTOBER 1ST, 1977.

IF YOU HAVE NOT RENEWED THIS IS THE LAST "STRIDER" YOU WILL RECEIVE SO DON'T DELAY.

SEND £1.25 TO: THE MEMBERSHIP SECRETARY

(To economise on postage, membership cards are sent out with the Newsletter following payment).



TONY'S JOB IS TO HELP WITH THE FORMATION OF NEW GROUPS SO IF YOU ARE FORMING ONE OR JUST THINKING ABOUT IT WRITE TO HIM WITH YOUR IDEAS.

IT WOULD BE APPRECIATED IF EXISTING GROUP SECRETARIES WOULD SEND THEIR NEWS FOR STRIDER TO HIM BY THE REQUESTED COPY DATE.

## **TONY CRESSWELL**

# **AND GROUPS' CO-ORDINATOR**

# DID YOU HEAR?

THE STAFFORDSHIREWAY BADGE OR THE "500'S IN ONE PATCH" will be available to anyone completing the Staffordshireway (when the whole 100 miles have been opened, hopefully by the end of '78) on sending sufficient evidence on walk details to the Chairman, Staffs Local Group LDWA - Tony Hewitt

GOING TO SCARBOROUGH? Brian Richmond is looking for a lift to the start of the Cleveland 100.

DOWNSMAN HUNDRED BADGES, ROUTES, REPORTS. There are a few left available to those eligible to wear them, at 30p. Indestructible route sheets also available (send two 7p stamps). Also reports of the 1977 event (send two 7p stamps) to: A.W. Blatchford

THOSE SUCCESSFUL CLEVELAND HUNDREDERS of (oh! boy was it wet!) '76, might like to gain a spare badge as a few are left. S.A.E. and 30p will secure from Tony Cresswell

ANY OLD NEWSLETTERS TO SPARE? Tony Cresswell is looking for Numbers 2, 3, 4 & 5 and will be very grateful for any of these to make up his set. (See address above).

NEW ROUTES IN ESSEX. Although it is one of our flattest counties and houses over two and a quarter million people, Essex seems to find favour with the long distance walker. We already have the Essex Way, the Forest Way and a section of the London Countryway within its borders and now we are offered the Three Forests Way and, later this year, a forty-five miler from Ongar to Bradwell, to be known as St Peter's Way - their last walk maybe?

"THE SIGNS OF CRIME" Extract from a field manual for young constables. "As for loiterers, suspicious types include the jogger, running about residential streets either at dusk or in the early morning. 'There seems to be a correlation between such persons and homosexual nuisances'" Keith Chesterton.

DAVE YATES (1567) RECENTLY DID A 100 MILE sponsored run to raise funds for his school to buy a mini-bus, in a very creditable time of 14.32.

CONGRATULATIONS TO DAVID AND SUE YOUNG - a son, PETER, born on Sunday, 23rd October, 1977.

CLEVELAND 100 HELPERS ARE REQUIRED FOR CHECKPOINTS ETC. If you can lend a hand with this premier event, please let Tony Cresswell know. Address above.

TIES. After an initial rush for Association ties there was a complete lull for several months, but with the mention on the membership forms orders have reduced the original stock of 140 to zero. A new batch has been ordered but we regret that the price will now be £2.25 per unit, due to an increase in the supplier's costs.

CENTURIONS. At a recent meeting of the Centurions it was moved that women may qualify for membership of the previously exclusively male fraternity. The motion was opposed by several members but a majority carried the proposal and thus Ann Sayer and Di Pegg are now officially Centurions 599 and 608 respectively. It is not clear whether they will be termed "sister" Centurions in line with the five hundred or so brother Centurions.

After reports that the next Centurion qualifying event would not be until 22nd June 1979 at Ewhurst in Surrey, it now seems certain that the "Leicester to Skegness" walk will be held after all. We understand that the race will start on Friday, July 28th at about 16.00. Event Hon. Secretary is Bill Bell

NON STOP WALKING RECORD ATTEMPT. Sometime this year a Mr Brunson of Farnham is expected to attempt to better the current World Record for non stop walking by a very substantial margin. It is reported that he expects to cover 350 miles in about five days, on a circuit in Farnham Park, Surrey. Surely it can't be Mr Brunson Yapp who produced a report on the long distance footpaths a few years ago!

LIFTS NORTH TO FELLSMAN AND CLEVELAND EVENTS. Cost sharing lifts to and from the above events available from Surrey/London area for two people. 'Phone Alan Blatchford

LDWA TEAM TROPHY FOR TANNERS FIFTY. This year, for the first time, a challenge trophy for LDWA Groups will be offered for teams of three who complete the 50 miles event on July 2nd. It is hoped to see at least one team from each group to make it a truly inter-group competition. The winning team would be that with the lowest aggregate time for its three members.

SOUTHERN MEMBERS TAKE UP RUNNING. As part of a so-called "Fun Run League" several Surrey Group members have recently moved up a couple of gears and competed in an eleven team running/jogging competition (presumably to get fit for walking. ED.) The "league" teams include Surrey Police, an Insurance Company, Youth Hostellers, two keep-fit groups, Guildford Orienteers, and a Government Department. After the first event "LDWA" were sixth in the scoring.

BOGGLING. It causes erosion and ecological damage, noise and distraction, the "Climber & Rambler" said. "What is it?" asked John Prall. We wrote to the C. & R. "A mixture of cyclo-cross and stock car racing performed by four wheel vehicles" they said. But both Bob Ball and Alick Birtles found the answer in the Guardian in a letter from A. Harry Griffin - "Boggling involves the use of specially adapted four-wheel drive vehicles that are driven up, down, or across the Fells, Green Roads or rough tracks. They are taken up the fellsides over grass and heather to the summits".

The mind boggles indeed and it is illegal and must be stopped.

BARRIE ROBERTSHAW is looking for details of the original route taken by Bob Graham when he completed 42 peaks the first time and thinks it is in a book by Rodgers "Notable Walks in the Lake District". If anyone has a copy, please contact Barrie

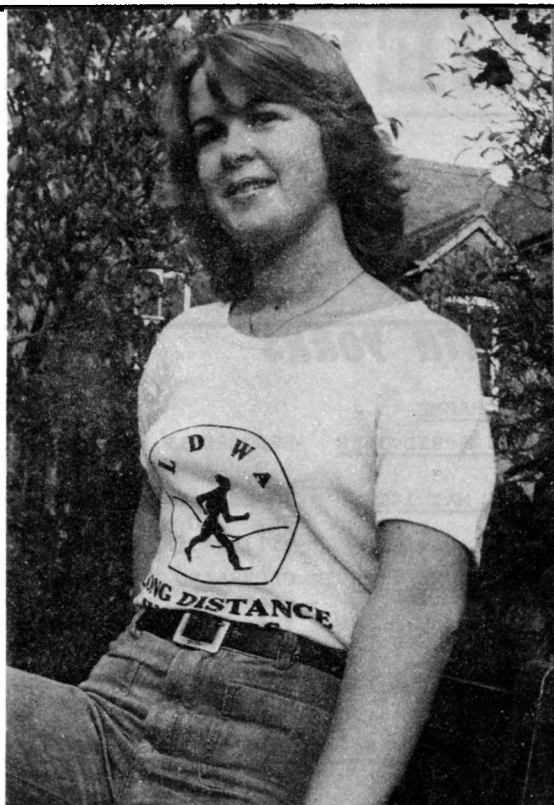
ROUTE ROOMS. Our new feature started in the last Newsletter, has come to a full stop for lack of support.

ALAN & BARBARA are spending 4 Easter days in the Welsh Marches and would like to share with another couple interested.

# THE TEE SHIRT SCENE

(Is Improving)

THERE ARE SIX COLOURS TO CHOOSE FROM - WHITE, LIGHT BLUE, NAVY BLUE, GREEN, YELLOW AND RED (THE MOTIF IS BLACK), AND THREE SIZES - SMALL, MEDIUM AND LARGE. (PLEASE GIVE TWO COLOURS). THE NEW PRICE IS £2.00 INCLUDING POSTAGE AND PACKING.



**CHOOSE YOUR  
MOTIF**



**Also New Sweater Shirts**

HIGH QUALITY COTTON LONG SLEEVED FLEECY LINED SHIRTS ARE NOW AVAILABLE AND ARE RED IN COLOUR (ONLY), WITH THE USUAL CREST AND WORDED PRINT. THE PRICE IS £4.25 (POST & PACKING INCLUDED), AND THEY ARE AVAILABLE IN MEDIUM AND LARGE SIZES.

PLEASE MAKE CHEQUES/P.O.'S  
PAYABLE TO TONY CRESSWELL

**shirt modelled by  
Philippa McArthur**

# NEWS

WESSEX, SURREY, HIGH PEAK,  
WESTMORLAND & NORTH LANCES,  
STAFFORDSHIRE, BRISTOL &  
WEST, TYNE TEES, KENT,  
THAMES VALLEY, WEST YORKS,  
NORTH YORKS, ESSEX & HERTS



*from the*

# GROUPS

## **NORTH YORKS**

### PROGRAMME

- SUN. APRIL 16TH WESTERDALE and BAYSDALE - 25 miles. Meet 9.0 a.m. Little Blakey (SE684989)
- SUN. MAY 14TH SWALEDALE CIRCULAR via Tan Hill and the Penine Way - 20 miles. Meet 9.30 a.m. Gunnerside village (SD951982)
- SUN. JUNE 11TH CLEVELAND LINK - 30 miles of the Cleveland Link starting from Helmsley and returning by bus from West Ayton. Meet 8.30 a.m. Helmsley Market Place (SE613837)
- SUN. JULY 9TH HARWOOD DALE CIRCULAR - 32 miles around Fylingdales. Meet 9.00 a.m. Chapel Farm (SE953967)

Meet enquiries to: Roger England

## **WEST YORKS**

Another successful programme of walks was completed, with attendances reaching record levels. The rapidly expanding group recently appointed Eric Grice as Entries Secretary and Barry Thackery as Treasurer.

Social activities are beginning to play an increasing role: members gave families and friends a day out with a walk and dinner organised by Roger England; a recent evening meeting was rounded off with a conducted tour of Yorkshire Television Studios, courtesy of Brian Cleasby; and the Group's Annual Dinner looks like being very popular.

### GROUP BADGES

Watch out for the unique "LDWA WEST YORKS" BADGE. Is this the first for group badges? Available from Barry Thackery at walks/meetings.

### SHARED TRANSPORT

Lifts readily available: 'phone Tony Wimbush.

### "SLOWER" WALKERS

We wish to accommodate all types of LDWA walker. If we're too fast or go too far don't be put off, let us know what you want and we'll endeavour to provide it in future.

### SUMMER PROGRAMME

A number of challenging walks, some unsupported dominate the programme. It's tiring just to read it!!



SAT/SUN. APRIL 8/9

THE DALES WAY (73 miles). Booked up.

SAT/SUN. APRIL 22/23

SURREY SUMMITS (100km). Share transport.

MON. MAY 15TH

MEETING - Ideas, comments, please attend, from 7.45 p.m., ALBERT Bar, Victoria Hotel behind Leeds Town Hall.

FELLSMAN and/or CLEVELAND 100. Share transport.

WED. JUNE 21ST

EVENING SOCIAL WALK/DRINK. 7.30 p.m. Greyhound Inn, Tong Village (GR221305) Jack Rayner.

SAT. JUNE 24TH

WELSH 14 3000's (no support). Contact Tony Wimbush.

SAT. JULY 22ND

LAKES 3 (OLD) COUNTY SUMMITS - Meet 5.0 a.m. Grasmere Church (GR336074) No support own route.

LAKES 1 or 2, COUNTY SUMMITS - Meet 8.30 a.m. ditto.

SAT. AUGUST 12TH

DERWENT WATERSHED (no support). Meet 6.15 a.m. Edale C.P.

ENQUIRIES: Tony Wimbush



WEST YORKS ENTERTAIN FAMILY AND FRIENDS AT CHURCH HOUSES, FARNDALE. (THERE WERE MORE - IN THE BAR!) TONY WIMBUSH IS THE ONE WITH THE BILL?

## ESSEX & HERTS

SAT. MARCH 11TH

RIVER RODING (20 miles). Meet Ongar Station at 9.30 a.m. Walk to source of River Roding. Cars can be left at Epping Station. Walk finishes at Bishops Stortford, bus back to Epping. Leader: Frank Duerden.

SUN. APRIL 2ND

FOREST ROUNDABOUT. Details on "Future Events" page.

SAT. APRIL 15TH

A WALK IN EPPING FOREST, start 1.30 p.m. from

(GR 412973), leader Pat Marchant; followed by a social at the cottage, starting 6.30-7.00, wherein hospitality by George Eastwood, films by Ann Sayer, food by all comers, catering (volunteers needed, please) by consenting adults. Probable cost £1.50-£2.50.

SUN. APRIL 23RD

We hope to offer support to sponsored walkers (in aid of Save the Children Fund) over our section of the London Countryway. This is being organised by the R.A. and the publishers of Keith Chesterton's book. Final details still awaited, but all offers of help will be most welcome.

SAT. JUNE 10TH

NORTH HERTFORD (20-23 miles) Meet Hertford North Station 9.30 a.m. Leader Reg Smith.

SAT-SUN 8/9 JULY

COACH TRIP TO WELSH 3,000's, in conjunction with Surrey, Kent and Middle Thames Groups. Organiser Mike Powell Davies.

SUN. AUGUST 13TH

ENFIELD CHASE (Kanters of 26 & 13 miles) from Donkey Lane Clubhouse, Enfield, 9-9.30 a.m. Organiser Jack Rossiter. (GR 340973)

FRI-SAT SEPT.22/23

EPPING FOREST NIGHT WALK. Meet 9.0 p.m. in the Rose & Crown near the Woodford Green Working Men's Club (GR 408952). If the spirit is willing the walk will start at 10.0 p.m.

All enquiries to Jack Rossiter

## EAST LANCASHIRE

Following Taff Lewis' invitation in Strider 19, six members contacted him and a meeting was subsequently held at his house on January 27th. It was proposed that the Group area should comprise the towns of Burnley, Nelson, Colne, Accrington, Blackburn, Bolton, Bury, Rochdale and Rawtenstall, and that members living in the area would be contacted by letter.

An inaugural walk will be held on Sunday, April 2nd, probably starting from Kay Street Car Park, Rawtenstall (813228) at 9 a.m. Contact Taff

Peter Barlow or Mike Burton if you would like to join in. They will be pleased to hear from you.

# STAFFORDSHIRE

## PROGRAMME FOR SPRING 1978

### SAT. APRIL 1ST

SOUTH CHESHIRE WALK approx. 20 miles.  
Meet at 9.00 Tegg's Nose, Country Park  
near Macclesfield.

### SUN. APRIL 30TH

LLANGOLLEN HORSESHOE WALK, leader Eric  
Thornhill. Meet at Llangollen Town  
Centre Car Park 8.30 a.m.

### SAT/SUN MAY 20TH/21ST

RHINOGS RAMPAGE, leader Chris Wynn - for  
transport arrangements details later.  
Staying at a hostel overnight (probably  
Llanbedr).

### SUN. JULY 9TH

'CANK CHASE' Custodians Circuit.

The local group are hoping to enter a team for the High Peak  
Marathon, 3rd/4th March - Edale 11.0 p.m.

No date has yet been fixed for the walking of the 'Northern Limb  
of The Staffordshire Way', but it will be most likely in August-  
September 1978. Keep your eyes 'knotted'.

For further information and details of group walks or contribu-  
tions to Group Newsletter, please contact Tony Hewitt

## REPORT ON THE GROUP WALK TO THE ROACHES BY RAY BOLTON 9.10.77.

Setting off from the "Capital of the Moors", Leek, a market town  
in North Staffordshire, were ten intrepid 'moorlanders' who had  
assembled in misty weather for a 'stroll to the Roaches', as Ray  
Bolton had put it. This gritstone ridge, some eight miles north  
of Leek, is 'the best bit of grit' in the country as far as the  
climber is concerned.

The route followed along the east side of Tittesworth Reservoir  
through the hamlet of Meerbrook where a new Youth Hostel has re-  
cently been opened. A long needed replacement for Cliffe Park  
which was on the shores of Rudyard Lake.

Climbing for the next mile to the top of the Roaches Edge at  
1,658' it was too misty to stand a chance of seeing the elusive  
'Staffordshire Wallaby' bouncing over the moorland. Walking  
west along the ridge toward Back Forest and down into the Dane  
Valley. Here a giant chasm in the rock, called 'Luds Church'  
as it resembles the nave of a great cathedral, has many legends  
and stories connected with it. One says it is the place where  
Sir Gawain, of Arthurian Fame, met the Green Knight in search of  
the equally elusive Holy Grail.

Leaving the Dane Valley to Swythamley Hall, the former home of  
Sir Philip Brocklehurst, explorer and member of Shackleton's  
Antarctic Expedition, we dropped back to Danebridge to have lunch  
at the Ship Inn (named after Shackleton's ship).

The afternoon brought brighter weather for the climb up to Gun  
Hill, the scene of the last public hanging in the area, one Roger  
Nadin in 1731. But stranger things than this meet the walker.  
Such farms as Isle, New Zealand and Cliff, on this conical hill  
which separates the Rudyard Valley from the Meerbrook Valley.

Descending Gunside overlooking the north end of Tittesworth to North Hillswood at the head of Fould Brook, rounding the hill to South Hillswood and then down the Upper Churnet, skirting the remains of Dieulacres Abbey to Ball Haye Green and Leek town centre.

THE DOVEDALE WALK REPORTED BY KEN WEST 4TH DECEMBER, 1978.

Expecting snow; but a cold, dull morning saw a large party of hardy souls depart from Dovedale Car Park shortly after 9.00 a.m. This marked the beginning of a twenty mile trek. Vascular functions were soon activated on the slog up Lin Dale to Thorpe Village and on via various footpaths through Fenny Bentley, Tissington, Parwich, Lowmoor Farm and Biggin for a hostelry lunch.

The wind was much colder on our emergence and we shortly disappeared down Biggin Dale, only to be met by a cold blast of wind coming up the valley. Alstonefield, our next settlement en route was reached by crossing the River Dove on Gipsy Bank stepping stones. Upon the 'tops' it was noticeably windy and, seeking shelter, we dropped into Hopedale, climbed again to Stanshope and then into Hall Dale which joins the Dove near Ilam Rock. This is perhaps the most spectacular piece of rock, towering a couple of hundred feet in what can only be described as an enchanting dale.

Returning down Dovedale to the Car Park, masochists in the party took in the summit of Thorpe Cloud and descended through the red mist of a setting sun. After a solid five hours walking and for all future events, the over 40's should be handicapped with at least half a dozen house bricks.

Seriously though, a very attractive and interesting walk, much at a high level and passing through some typically beautiful Derbyshire villages - one of the best ways to see Dove Dale.

## **LEICESTERSHIRE**

Any members in the area interested in forming a group or just sharing travelling expenses to events are invited to write to or 'phone: John R.R. Smith

## **BRISTOL & WEST**

We are now official! A social evening was held in December, during which a title for the Group was decided. The South West is now renamed the Bristol and West. We have also elected officers namely:

Chairman	Mac McArthur
Secretary	Robin Lambert

Despite all this new organisation, we intend the Group to continue as before, with the addition of more summer walks.

There have been some grand walks this winter. The Brendon Hills were steeper than many of us thought, but the scenery was splendid in this excellent walk led by Michael Benison. John Pralls Bath Country Circuit was muddy (!) in places. The route was ingenious, and a very enjoyable day was had by all. Robin Lambert

led a shorter pre-Christmas walk, and for once didn't lose anyone. In January we had a splendid Severn Bank walk led by Gary Jones. We started from his house so that this time he wouldn't forget his boots!

Our thanks to Jenny Prall, Pam Lambert, and Angela Jones for excellent teas after the respective walks. We have had several guests, notably the Editor in September, Sven Neal (Surrey Group) in October, and Charles Baldey in November and December.

Our summer programme is as follows (all walks start at 9 a.m.):

<u>SUN. APRIL 16TH</u>	BOURTON-ON-THE-WATER and the Slaughters. Meet in the car park, opposite the Sherborne Arms, in Northleach. Map 163. Ref. 113146. Mac McArthur. 26 miles.
<u>SUN. JULY 16TH</u>	KING'S SEDGEMOOR and Polden Hills. Meet Bawdrip Church. Map 182. Ref. 342396. Gary Jones. 30 miles.
<u>SUN. AUGUST 20TH</u>	WINCHCOMBE CHURCH to Bredon Hill. Meet Winchcombe Church (on A46). Map 150. Ref. 023283. Gary Jones. 31 miles.
<u>SUN. SEPT. 17TH</u>	SEVERN RIVER BANK WALK. Meet Upton-on-Severn car park on B4211. Map 150. Ref. 851408. Gary Jones. 30 miles.

Enquiries to: Pam & Robin Lambert

## **KENT**

### SUMMER PROGRAMME OF WALKS

<u>TUES. APRIL 11TH</u>	THE CORRIDOR WALK led by Phil Hastings. Meet Eltham Well Hall Station 7.0 p.m.
<u>SAT. APRIL 15TH</u>	FIRST SECTION OF THE PROPOSED 'WEALDWAY' Gravesend to Tonbridge 20 miles. Meet at Gravesend Station 10.0 a.m.
<u>TUES. MAY 9TH</u>	THE SHUTTLE STROLL led by Andrew Melling. Meet Bexley Station 7.0 p.m.
<u>SAT. MAY 13TH</u>	SECOND SECTION OF THE PROPOSED 'WEALDWAY' Tonbridge to Uckfield 26 miles. Meet Tonbridge Station 10.0 a.m.
<u>SAT. JUNE 10TH</u>	FINAL SECTION OF THE PROPOSED 'WEALDWAY' Uckfield to the Channel coast. Meet Uckfield Station 10 a.m.
<u>SAT/SUN. JULY 8/9</u>	WELSH 3000/SNOWDONIA joining with Essex/Herts group who are arranging transport. Details from Jack Rossiter
<u>SUN. OCTOBER 1ST</u>	A NEW EVENT "THE ANDREDSWEALD CIRCUIT" 20 & 30 miles is being organised. See Future Events for full details.

All enquiries to: Brian Buttifant

## TYNE TEES

# HELP!

Owing to other commitments (like organising the 'Cleveland', Tee Shirts and Groups), I am unable to give enough time to arranging day walks and activities for my own area. Will someone please offer some assistance. All rescuers apply to: Tony Cresswell

## WESSEX

THE GROUP'S varied activities continue to be well supported. Members stormed the Welsh border in November and spent an enjoyable walking weekend based on Crickhowell Y.H., including a mighty ascent on Pen Y Fan. As if to prove that walking is the only way to travel, Wilf Lyman's car gave up the ghost just outside Crickhowell but at least it gave one of the motoring organisations a chance to show they can get you home. The normal December walk was replaced by a Christmas Saunter and Pub Lunch. A fast pace in the morning brought the group to the Cartwheel at Whitsbury where we were admirably entertained by mine host. The pace in the afternoon, for reasons probably not elucidated, was somewhat slower (typical British understatement). The opinion seemed, however, that this was a very civilised way to combine walking and the Christmas festivities.

January saw us out in the New Forest, always a favourite area with the group.

February will see us in the Salisbury area, and March in the Candover valley. At the end of February several members from the group will be travelling up to Shropshire for a walking weekend based on Bridges Youth Hostel. The A.G.M. of the Wessex Group was held during January, the mood being fairly lighthearted and the brief meeting was followed by a general social evening. We are finalising plans for the second Wessex XXX (see future events) and look forward to welcoming as many entrants as possible. Wessex Group members are reminded that we shall require as many marshalls as possible. Offers of help to Sue Coles.



**PROGRAMME (All walks start at 08.45)**

- SUNDAY 16TH APRIL** "BUTSER HILL, EAST MEON, BEACON HILL and HAMBLEDON" 24 miles. Meet Clanfield School Car Park (opp, Scout Hall, Little Hyden Lane, (SU 696173). Leader - Don Shipton.
- SUNDAY 21ST MAY** "GEORGE'S NEW FOREST CIRCULAR" - Rhinefield, Backley Plain, Picket Post, Dur Hill. 22 miles. Meet Brownhill Inclosure Car Park (SZ 227994) OS: 1:50000 195. Leader - George Sims.
- SUNDAY 11TH JUNE** "KENNET & AVON CANAL & THE WANSDYKE" 25 miles. Meet Crofton Locks Road Bridge (SU257621) OS 1:50000 174. Leader - Chris Dawes.
- SUNDAY 16TH JULY** "GILBERT WHITE COUNTRY" 30 miles. Meet in Petersfield Market Square (SU 232747). OS 1:50000 185. Leader - Tony Farrell.
- SUNDAY 20TH AUGUST** "CLIFF'S NEW FOREST CIRCULAR". 24 miles. Burley Inclosure, Wilverley, Battramsley, Brockenhurst. Meet Swan Green Car Park (SU 290082) OS 195 1:50000, 1" Tourist New Forest. Leader - Cliff Clarke.

Programme Enquiries to:

Wilf Lyman

Pictures opposite show some of the capacity crowd in the 'Cartwheel'

Right: Staggering out into the fresh air.



## **NORTHAMPTON**

AN INAUGURAL 25 MILE WALK over the Northants, Bucks countryside will be held on Sunday, 16th April, and it is hoped that all members in the area will join in.

For full details contact Steve Bradshaw (2205)

## **WESTMORLAND and NORTH LANCs**

There are problems at present but Frank Hodson will be pleased to hear from anyone interested in the area.

# SURREY

Members walked from North to South across Surrey in October, did a round of the lower greensand from Peaslake finishing at the Hurtwood Inn for dinner in early December, and circumnavigated Epsom later in the month. The Surrey Inns Kanter, with some new real ale pubs attracted 151 entrants on January 2nd and more than 60 people walked the Winter Tanners the following Sunday.



Surrey Group outside The Plough at Coldharbour.  
(If some members appear to be supporting others it is merely an illusion).

SUN. MARCH 12TH

AMBERLEY AMBLE - 20 miles or so by the Arun and on the South Downs. Details, and notes about the route, from Tony Youngs.

TUES. APRIL 18TH

QUARTERLY MEETING - Leg of Mutton & Cauliflower, The Street, Ashted, Surrey.  
7.30 for 8.0 p.m. Slide Show, Round Britain

SAT/SUN. 22/23 APRIL

SURREY SUMMITS - 100 of the steepest kilometres in Surrey. Details from Ralph Henley if you are walking, but it is hoped you will want to work instead! if so, contact Jeff Ellingham.

SUN. MAY 21ST

HASLEMERE KANTER - Two courses, 25 miles and 12 miles over Blackdown, the Sussex County Summit and around. Details from Liz Pamplin

WED. JUNE 21ST

MIDSUMMER EVENING WALK at 7.0 p.m.  
Details from Alan Blatchford.

SAT. JULY 8TH

WELSH 3000's. Coach, with Essex, Kent & Thames Valley Groups, to Wales for an attempt on the 3000's. Details from Mike Powell Davies (see Essex Group notes).

Membership: Ralph Henley

Programme: Tony Youngs

SURREY SUMMITS OFFERS OF HELP Contact Jeff Ellingham

ACCOLADE is the thirst quencher with a difference as it also replaces body salts and minerals you lose through sweating. Essential in summer.

The leaflet enclosed with this edition explains its advantages. It is available through some Chemist Groups and some Sports Shops. We have always got a stock at Chobham and take it to the events and meetings we attend. It is 80p a jar at present. Chris and Margaret.



## THAMES VALLEY

### PROGRAMME

- SUN. MARCH 5TH MORNING WALK through Stoke Poges and Hedgerley. Start at 8.30 a.m. at Black Park car park, (GR 005832). Leader - Molly White.
- SUN. MARCH 12TH INFORMAL WALK to explore part of the Oxfordshire Way, starting at Beckley Church (563113) at 9.30a.m. (Parking in the village may be difficult).
- SUN. MARCH 19TH JOINING THE Wessex Group for their Alresford Amble.
- SUN. APRIL 9TH POSTPRANDIAL PERAMBULATION from the George and Dragon, Marlow, starting at 9.45 a.m., returning about 3.00 p.m.
- SAT. APRIL 29TH THE CHILTERN 4000: all the hills in a small area around Christmas Common linked into a route of 27 miles with 4000 feet of ascent. (713934) at 8.30 a.m. Leader - Philip Ward.
- WED. MAY 3RD EVENING WALK in the Ascot area, starting 6.30 p.m. at Blacknest car park (961687) Leader - Philip Ward.
- TUES. MAY 9TH PROGRAMME MEETING at Don Cooper's at 7.30pm.
- SAT/SUN MAY 20/21 SOFT SOUTHERN ALTERNATIVES to the Fellsman:  
 a) The Oxfordshire Way, from Bourton-on-the-Water to Henley.  
 b) Out-and-back walk of approximately 25 miles initially accompanying the Oxfordshire Way walkers.  
 a & b) Start (171209), near the hospital, at 10.00 a.m. on 20th May. Transport from the Henley area to the start may be available.

Enquiries to: Colin Abbott

## HIGH PEAK

- SUN. APRIL 30TH WEST TO EAST ACROSS THE PEAK. Traverse of the National Park - 25 miles from Chinley Station to Dore Station, following grid. line (Northing) 381000m (or nearest footpath) via Old Moor, Shatton Moor, Padley Gorge and Blacka Moor. Meet at Chinley Station 10 a.m. East Peak folk can get to Chinley courtesy of British Rail, from Dore Station at 9.20. West Peak folk can get back to Chinley leaving Dore at 6.44 p.m.
- SUN. JUNE 18TH PATH FINDING WALK for the new top secret Sheffield Countryway. Meet 9.a.m. at the Norfolk Arms, Ringinglow (GR 290837).

Enquiries: Haydn Morris

**All members will be made welcome at any group meeting, walk or activity.**

# GREY CORRIES WEST

and the  
**AONACHS**  
*the story of*  
*a*  
*solo traverse*  
*by*  
**Tom Anderson**  
**1938**



THE GREY CORRIES AND THE AONACHS LIE EAST OF BEN NEVIS IN AN AREA COLLECTIVELY CALLED KILLIECHONATE FOREST AND, UNDER SNOW CONDITIONS, OFFER AN EXHILARATING CLIMB.

Grey Corries is an old local name, an appropriate description of the grey scree of these slopes.

Due to the size and height of these hills, up to 4,060', and their comparative remoteness, camping is necessary unless you wish for an extremely long day's walk.

I managed to accomplish this day's traverse when on a camping holiday in the Central Highlands.

A camp was established in Lairig Leacach near Stob Ban, an outlying Munro, with great views. This peak was climbed on the evening before I did the traverse. It offers a good view of the steepest part of the first Munro.

I arose early, 6 a.m., breakfasted well and was on the move before 7 a.m.

The first summit, Stob Coire na Ceannain, was reached. The snow was hard and going was easy, splendid views opened up to the south west of the Mamore Forest. As I arrived at the summit I had my first look at the steep ridge to Stob Choim Claaurich North Top. After a little deliberation I continued along the ridge. Snow now varying from soft to hard, occasionally requiring step cutting. (YES, IT WAS MAY). This became a feature of the walk!!

From now onwards continuing onto first Munro Stob Choire Claaurigh a tremendous prospect of the snow laden ridge, twisting and turning north west and south west, and the massif Aonachs ahead, with the mighty Ben Nevis appearing behind the bealach (pass) of Aonach Mor and Aonach Beag.

Continuing on through deep powder snow, up to my knees in places. Also, there was quite a lot of cornicing, great care was required as snow had reached a critical state in places. Two more Munros fell to my now wet feet, Stob Coire An Laoigh and Sgurr Choinich Mor. Tea was brewed on the latter, using snow!!

Then, after several hours of great climbing I reached the lowest

point in altitude on this route, the bealach between Sgurr Choinnich Beag and Aonach Beag.

Whilst on the bealach I surveyed the next ascent to Aonach Beag. The overhanging cornice seemed rather dangerous, so I was forced to do a detour via Sgurr-a-Bhuic. (Anyway it was another top). After a seemingly endless ascent I arrived eventually on the summit of Aonach Beag, 4060'. This was hard going due to deep snow, but the rewarding view of Ben Nevis more than compensated for the effort. Then, after the tremendous views from this summit, (cairns buried under snow) a careful descent was made to the Aonach Mor and Aonach Beag bealach. I continued up the long snow covered summit of Aonach Mor. This ridge is about 2 miles long.

On these last two peaks I saw footprints of another mad climber, noticeably absent from the Grey Corries.

Continuing on with a wonderful panorama on all sides, this was a fitting conclusion to the ridge walk; an easy descent was made to Alt Choille rais (burn) - more tea brewed here.

The trek back to camp via disused tramway and drove road was uneventful and dinner there was eaten with great relish, accompanied by several drams of malt whisky, hick!

Five Munros and nine tops, all under snow - a superb day.

FOOTNOTE My highland holiday was done completely alone, (my wife Anne declined to come) no outside support desired, tent and bothies were used. This is a very isolated area and caution is required at all times, especially in snow conditions.

For details of the Central Highlands, see S.M.C. Guides, the only reliable data. ●

MUNROS Aonach Beag 4060'  
Aonach Mor 3999'  
Stob Choire Claurigh 3858'  
Stob Coire An Laorigh 3659'  
Sgurr Choinnich Mor 3603'

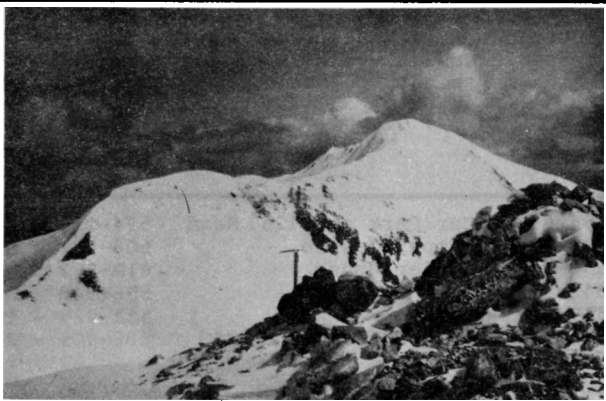
TOPS Stob Choire Claurigh  
North Top  
Stob Coire Na Ceannain  
Stob A, Coire Leath  
Carsteal  
Stob Coire Cath Na Sine  
Stob Coire An Easain  
Sgurr Choinnich Beag  
Sgurr A Bhuic  
Stob Coire Bhealaich

#### TITLE PICTURE

SITE OF FIRST CAMP  
AT LAIRIG LEACACH  
(STOP BAN IN BACK-  
GROUND).

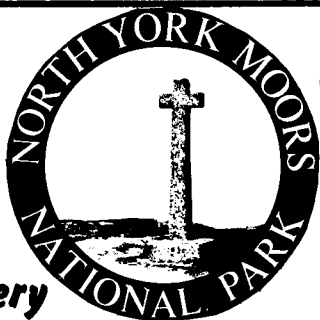
#### RIGHT

STOB COIRE AN LAU-  
RIGH.



# BILSDALE CIRCUIT

*another twenty six miles  
of moorland scenery*



Nowadays it would be difficult to find a day's walk on the North York moors which avoided sections of existing long distance routes. The area is packed full of walks varying in length from 16 miles to 100 miles.

The proposed Bilsdale Circuit is no exception, but whatever poaching has been necessary, is limited and highly selective. I doubt if the inclusion of the Cleveland Ridge - Carlton Bank Top to Botton Head - will offend anyone at all.

That said, the circuit is 26 miles long and includes 3000' of ascent. There are several stiff sections through knee high heather, some fast stretches along old landrover tracks and paths, plenty of interesting climbs and a rock scramble. Everywhere the moorland scenery is superb and possibly unequalled anywhere else on the moors.

A sketch map showing the route walked by four Doncaster-based LDWA members on Sunday, 3rd April, is attached and can be easily plotted on the 1" tourist map of the area. Dave Chisman, Tony Kelly, Reg. Rigby and Mike Teanby completed the round in just under 10 hours. Their approx. times were: Fair Hill Farm 8.00 a.m., Carlton Bank 11.30 a.m., Botton Head 2.15 p.m. Finish 5.45 p.m.

The idea of a Bilsdale Circuit was originally put forward by Mike Smith, the former regional representative for Northern England. The route is now included in the North Yorkshire Group's Programme of Events for the coming year (see Regional News.)

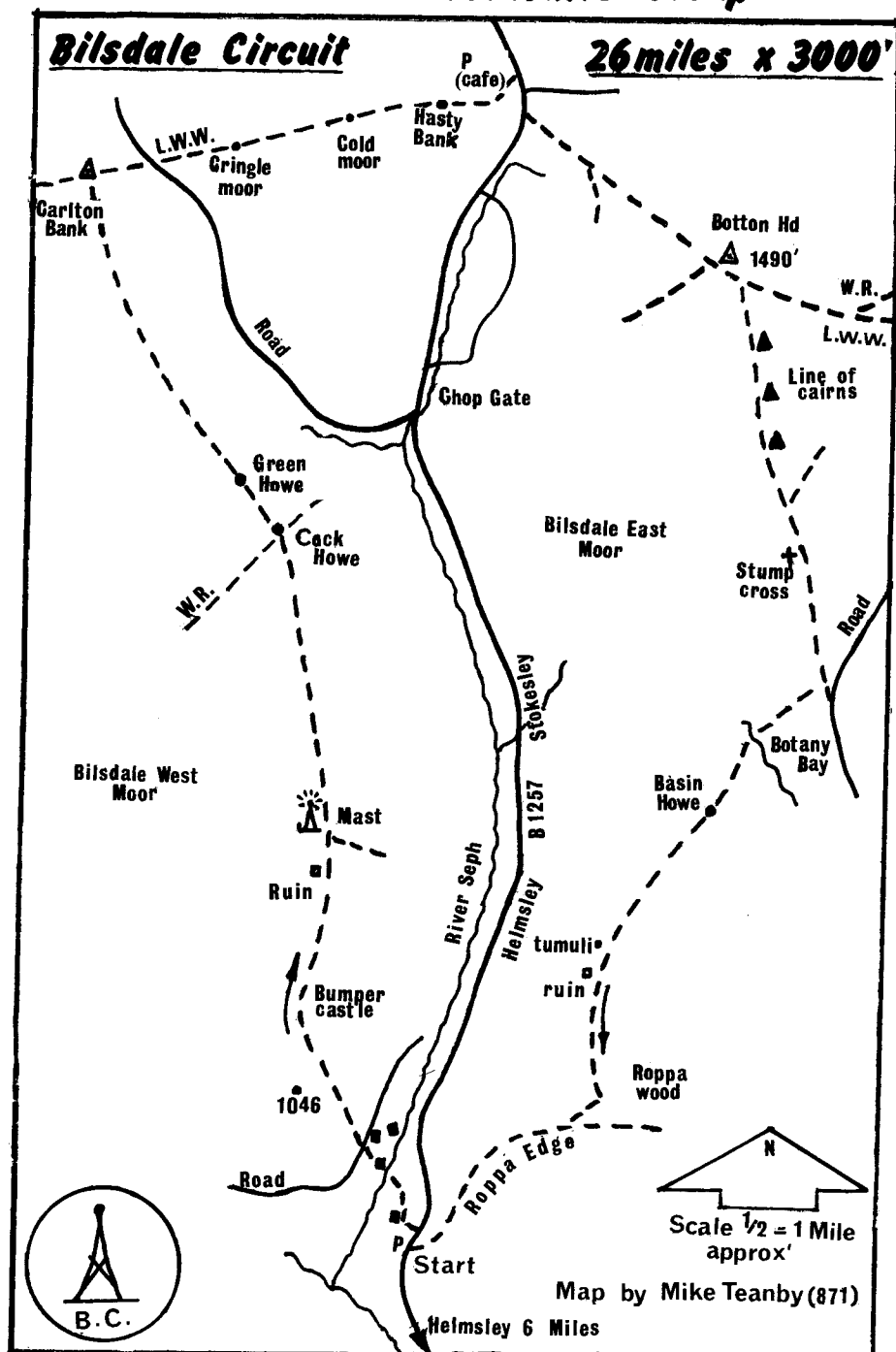
If the circuit proves to be popular with walkers it is hoped to introduce a rucksack badge towards the end of this year. A possible design would incorporate the Bilsdale television mast which is seen throughout most of the walk. ●

Mike Teanby (871)

564-890 - Car Park on B1257 Road	594-016 - Botton Head
555-924 - Bumper Castle	608-982 - Stump Cross
555-942 - Wetler House	610-962 - Botany Bay (minor road)
542-983 - Cock Howe	596-949 - Basin Howe
519-027 - Carlton Bank	584-929 - Tumuli
572-036 - Hasty Bank (Car Park)	582-905 - Roppa Edge

See O.S. Tourist Map of North York Moors.

**— LDWA North Yorkshire Group —**



# UNCHARTED PEAKS

**Hilary Clark (27)**

I WOULD LIKE TO GO TO THE ANDES AND CLIMB AN UNCLIMBED PEAK: AN UNATTAINABLE DREAM. BUT WHY NOT CLIMB UNCHARTED MOUNTAINS IN SCOTLAND. SO ONE SATURDAY I TOOK A BUS TO GARVE, ON THE INVERNESS TO ACHNASHEEN ROAD: I WAS TO BE MET AT CLUANIE 36 MILES TO THE SOUTH WEST, ABOUT TUESDAY. I HAD ONLY A MOTORING MAP WITH THE AREA CUT AWAY WITHIN THE INVERNESS, ACHNASHEEN, STROME FERRY, CLUANIE ROADS. \_

A short trial in Wales had revealed some of the hazards of maplessness: steep descents that could not be seen from above, forests, lochs. I knew vaguely that my glens lay east and west and that some contained lochs. I had heard that there was a deer cull in Glen Affric and that we were asked to keep off the Glen Affric hills.

The expedition took from 16.00 on Saturday until 9.00 on Wednesday, and I reckon that I walked over 50 miles and crossed three great mountain ranges and two small ones. I drifted eight miles to the east of my intended route: the weather was glorious with a cloudless sky and I steered by picking a distance peak on the prescribed bearing and by making towards it. Sgurr a'Choire Glas - known as Sunday peak - was sighted on Sunday morning and reached 6.30 on Monday. The next was a big peak - probably Carn Eige which I never actually reached - that was hard to find as one drew near. On Tuesday evening I was in Glen Affric looking for the youth hostel that I had been to nine years ago, and I planned to cross the beallach under Ciste Dubh to Cluanie. This plan went hopelessly wrong as there was the more direct Gleann na Ciche, unknown to me, but which the compass surely found. I crossed a remote beallach and came to the road only a mile from Cluanie.

I was lucky not to have to detour round more than two lochs. The first was near Garve, the second Loch Mullardoch, which I crossed by the dam early on Tuesday morning. Had I gone round the head of this loch I might have avoided Glen Affric, though there was no sign of deer or of stalkers the evening that I was there. But I did see here, a huge dragonfly and beautiful lacy cobwebs sparkling with dew.

In the clear settled weather there were few problems. I had two nights in the glens, hot uncomfortable nights trying to escape from the midges by burying myself deep in the sleeping bag. The other two nights I spent high, with clear views of the northern hills and of the stars: there were no midges and no damping dew on these bivvies. Had the weather been bad I doubt whether I should have reached Cluanie, because the big walls of mountain had few easy passes and obvious ways usually led east and towards the roads in the lower reaches of the glens. I should have needed much longer to await clearings in the mist, to traverse around lochs, and to climb the big hills that would have lain in the way of a dead true course.

Try going without a map if you want to taste untrodden ways without leaving this well explored island. ●

# The Greene King Walk



AS WE SET OUT FROM GORING TO WALK THE ICKNIELD WAY AND THE PEDDARS WAY TO NORFOLK AND THE SEA, PERCY AND I DECIDED THAT TO TAKE THE RIDGEWAY PATH, WHICH RUNS PICTURESQUELY BY THE THAMES, WOULD SHOW INFIRMITY OF PURPOSE. INSTEAD, WE MARCHED DOWN ICKNIELD ROAD TOWARDS ICKNIELD FARM WITH FIELDS OF RIPENING BARLEY ON EITHER HAND AND WERE SOON ON THE GREEN ROAD THROUGH DRUNKEN BOTTOM, A HAPPY AUGURY. WE DETERMINED NOT TO LEAVE THE WAY, EXCEPT FOR GOOD REASON: THAT IT HAD BECOME A TRUNK ROUTE AND WE WERE DRIVEN FROM IT BY JUGGERNAUTS; OR THAT WE WERE IN GREAT NEED OF A PINT AND HAD TO TURN ASIDE TO FIND IT.

As we walked under the Chiltern scarp we met many people, some carrying pages from the A.A. Toddlers' Guide, enjoying a Sunday afternoon stroll. That evening we cooked our supper in the twilight on Pulpit Hill and ate it looking at the lights of the plain of Aylesbury. Next morning, while we were eating our muesli, two adherents of the new religion came jogging over the hill in search of eternal life (or, at least, an extra year or two.) We set off in a slight drizzle and soon came upon two backpackers with huge field glasses trained on Chequers. Would Collins's find a ready sale, we wondered, for "A Field Guide to British Ministers"? As we approached the top of Ivinghoe Beacon where the Ridgeway Path starts (or ends) a walker appeared out of the mist, striding southwards. He was the last we were to see for many days.

We were wet and cold when we reached The Bell at the quarry village of Totternhoe that evening. We left refreshed, our water containers full, and soon found a patch of grass between our track and a disused railway cutting where, with the help of a tot of brandy as a night-cap, we were surprisingly content. Next morning we spent too long skirting Dunstable and Luton, at one point finding ourselves in Sycamore Road - which appealed to our simple sense of humour. But by half past eleven we were on the slopes of Galley Hill, a piece of chalk downland that is being converted into the likeness of Scottish sand dunes for car workers to play golf on, and soon after we were lying on a well-mown tee with all our damp gear steaming in the hot sun.

The green road led on over Telegraph Hill, the steep walls and ditches rich in the wild flowers of the chalk. We left the Icknield Way, which becomes the A 505 for a stretch, to the south and took to the parallel green road of Ashwell Street at Caldecote where the Manor House was dwarfed by a gigantic heap of what had been the front garden. A medieval village was being excavated.

In Ashwell the Cam, or its tributary the Rhee, rises from among the roots of great ash trees in a pool beside the road. At the nearby Three Tuns we ate well, drank well and talked late. Like many of the best pubs on this route, it carried an icon to the Greene King; the monarch of the Green Men, the Woodhouses, the Jacks-in-the-Green, has sought respectability by adopting Christian ways and now brews the excellent Abbot Ale at Bury St Edmonds.

We slept soundly at the side of the wide green Ashwell Street. When we set out next morning we were overtaken by a pale and fat young man on a Honda taking his very fit labrador for a walk. Soon Ashwell Street was lined with

caravans, some with elaborate chimney pieces laden with china ornaments, others with fragile glassware on display. As we approached Royston we watched their inhabitants at work picking peas as the sound of a thousand transistor radios drifted across the gigantic field. Royston welcomes backpackers and provides hot water in the public lavatories, where we washed our smalls. We went on by lanes and green roads through corners of Essex and Cambridgeshire into Suffolk. The sun shone, but Abbot Ale from hand pumps was at least as effective as Accolade in replacing body salts lost through sweating, and it had other advantages. After another night on the green road side we walked on,



leaving Newmarket to the left, through a quiet landscape that made Malham Cove and High Cup Nick seem vulgarly theatrical. Towards evening we reached Icklingham where the Breckland sands begin to overlay the chalk. Here we ate before continuing our north easterly progress by taking the Pilgrims' Path. We passed through a belt of Corsican pines to find a vast expanse of fine grass nibbled short by rabbits. A gigantic jet aircraft woke us at five. We watched hares lolloping across the grass as we brewed up.

Thetford was Edward Thomas's starting point when he walked the Way before the first world war. His book "The Icknield Way" is well worth reading. We lunched there and paid our respects to Thomas Paine before walking intrepidly down the A 11 looking juggernauts in the eye until we could escape onto a parallel track and later the Peddars Way, onto whose north westerly course we then turned, past Thompson Water where a grebe quietly circled. At Shaker's Furze the Way continues only as a parish boundary, and the lane to Little Cressingham passes through an army range to which entry is prohibited.

We camped just north of Little Cressingham and pressed on early in the morning to regain the line of the Peddars Way at North Pickenham and reach Castle Acre, where the Cluniac Priory stands by the river and The Ostrich sells Abbot Ale in the wide main street. The Peddars Way goes straight from Castle Acre through Shepherds Bush, Anmer Minque and Littleport to the sea. It is a good wide track, with a sign "Peddars Way, Ancient Monument" wherever it crosses a road. We stopped earlier than usual - before seven o'clock - pitching our tents on the Way near Fring by a field of lavender, and settled down to cook ourselves a memorable Saturday night dinner.

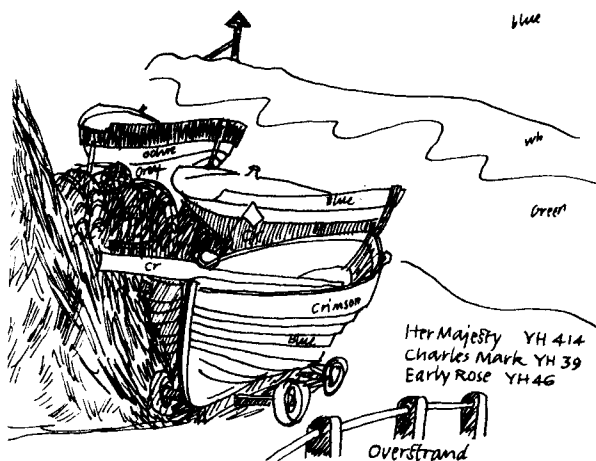
At eleven next morning we drank a celebratory tot of brandy at the sea's edge. Percy, who had been allowed out for only a week, turned left for Hunstanton and home. I turned right for Yarmouth, where Anne was to meet me in three days time.

I walked through saltings among the sea lavender, along sea walls and across dunes. Backpackers should be careful about notice boards here. This is birdwatching country and zealous reading of the small print is apt to reveal that all human activity is prohibited except that narrow range which appeals to gentlemen with Rovers and expensive field glasses.

An idyllic early morning walk over firm sand brought me to the sea wall path to Wells and breakfast. An excellent path just about the saltings took me on to Blakeney, Adnam's bitter and lunch. Then to Cley, out to Cley Eye, and on firm sand within a yard of the sea to Weybourne, where the low cliffs begin.



At Sheringham, pullovers groups on the beach surrounded by canvas windbreaks had recreated their living rooms, beer was served from kegs and the frame tents and caravans started. The path to Cromer beyond West Runton had fallen into the sea. I walked inland through a caravan park and eventually found an uncrowded farm camp site where for 50p I was allowed to pitch my Karrimor Marathon. That I did in the dark, and I was away to Cromer for breakfast before the occupants of the frame tents were stirring. A good cliff path leads to Overstrand but there one takes to the beach.



The fishermen told me I had three hours to wait for the tide to leave me room to walk. I did a small water-colour of three fishing boats and then watched them launched with the help of a tractor. I talked with the landlord of the pub of how Watney's were carefully obliterating their corporate image and I listened to his best customer telling me that wild horses would not draw from him the location of an osprey of his acquaintance.

Then I set out along the beach with my Norman Walsh's laced to my pack; There was a cold wind,

one seldom gets a chance to backpack in bare feet. and I was none too warm even with a pullover, but where roads gave access to the beach there were groups of hardy souls swimming and girls surviving in bikinis. From Mundesley, Happisburgh Church tower provided a landmark and a goal. In the church the ladies were doing the flowers, the organist was practising and I drew a woodhouse or green man, one of many on the crisply carved octagonal font. I walked on to Sea Palling in a wind that was whipping the sand inland from the dunes, and camped in the lee of a hedge near The Lifeboat, a rebuilt pub with, in the bar, a painting of its former self surrounded by floodwater in 1953.

Next day on the path below the dunes beyond Horsey I saw in the distance three youngsters with a man who seemed to be threatening them with a stick. I found that they were a group of walkers (the first I had seen since Ivinghoe Beacon) who had released a gannet from a tangle of net and were now trying to persuade it to move towards the sea.

It had been an interesting walk through country that walkers seldom choose. The ancient green roads through East Anglia made good walking; long may they survive unploughed in this rich farming country. The Norfolk coast is curiously unwelcoming: the best of it is for the birds, and people are admitted on sufferance; the rest is for people, and you have to love people very much to tolerate the mess they make.

In Yarmouth Anne had a room and a bath booked and I could ignore the weather that had been so important to me for ten days. ●



A woodhouse or green man on the font at Happisburgh

# **SOME PAST EVENTS**

REPORTS FROM ORGANISERS OR PARTICIPANTS WILL BE VERY WELCOME.

## 9TH VECTIS MARATHON WALK, 8TH OCTOBER, 1977.

The 9th Vectis Marathon, I think, is the first marathon to go 'metric' and this year's event was to be of 50km. This is an extra 1½ miles above the standard 30 miles that so many of us have grown accustomed to.

The event started at Newport and 188 enthusiastic starters set off on the scenic downland route, finally to encircle the coastline section to Totland, finishing at the Youth Hostel.

This is a well organised event and, for the first time since I can remember, the Marathon struck atrocious weather. However, despite the extra distance and the heavy going underfoot, Edmund Leal and Graham Legg finished the course in 5 hrs 5 mins. 133 people qualified for a certificate in the allotted time of 10 hrs, with 50 retirements.

The organisers must be given full credit in coping in the bad weather and to the assistance given by the Warden of Totland Youth Hostel.

MARTYN GREAVES (1368)

## HALLOWEEN HAPPENING, 29TH OCTOBER, 1977.

A modest event compared to many but by no means "easy meat". 30 walkers tackled either the 15 or 25 mile routes between numerous checkpoints in the unspoilt, seldom-visited area around Slaidburn in the Forest of Bowland. The routes were a blend of minor roads, tracks, footpaths and rough wet fell, and although windy and intermittently wet, five years old Hazel Formilli from Preston walked 13 miles of the 15 mile route, and thirteen years old Ian Robinson of Middlesbrough completed the 25 mile route. With a choice of 30 or 50 mile routes, some 15 cyclists participated in this event, but alas the Scotsman who entered the event travelling by broomstick failed to materialise.

BARRY HIMSWORTH (1744)

## 2ND BLACKWATER MARATHON, 29TH OCTOBER, 1977

In complete contrast to the rain and mud of our inaugural event last year, the day was sunny and surprisingly warm for late October. The peaceful marshland and river section was joined at Tollesbury, after a route, the reverse of 1976, along lanes and footpaths linking Heybridge, Little Totham and Tolleshunt D'Arcy.

Of the 117 entrants from as far away as Devon, Somerset and West Midlands, 110 started the walk. There was an extraordinarily high finishing rate with 43 completing the long course and 64 completing the short course. Joey, Elsa and Brandy, with six pairs of legs between them, finished with their owners! Well done, Iain Rutherford, age 11, the youngest walker!

Our thanks to all members and friends of the LDWA (Essex-Herts

Group) and the many others who helped at checkpoints along the route and before and after the event. We acknowledge the co-operation of the local branch of the National Farmers Union and in particular the farmer of Limesbrook Farm who allowed us to use private tracks over his land for the duration of the event.

The Blackwater Marathon will be held again in 1979. This year the Essex-Herts Group will promote a new challenge walk of 60 miles over The Three Forests Way. It is hoped that the route, based on the ancient Hainault, Epping and Hatfield Forests, will have a wide appeal, so please look out for further announcements in the LDWA Newsletter.

Mike Powell Davies (34) & Frank Thomas (127)

#### 12TH RESERVOIR ROUNDABOUT, 7TH JANUARY, 1978

When is a winter walk not a winter walk? when it is held on the mildest January weekend for 20 years! My bad weather reputation has really taken a tumble this time. Conditions were perfect; warm, good visibility and no wind or rain. It was almost spring-like, with a warm sun breaking through a thin cloud cover and the hills reflected perfectly in the dark waters of the Elan valley lakes.

After the usual frenzied activity of the kit check, everyone streamed away over the Claerwen Dam and disappeared over the rounded hump of the Esgair Garthen. In the easy conditions, everyone moved quickly and easily through Claerwen farm, over the lonely Carn Ricel and down to the Pont-ar-Elan and a welcome hot drink. On over Esgair Pen-y-Garreg, followed by level tracks to the finish, back at the Claerwen Dam.

95 started, only one failed to finish, due to a knee injury. Times ranged from 3½ hours to 8½ hours. Alan Hoare, John Leather, F. Loftus and A.G. Jones set a cracking pace to achieve a 3¼ hour crossing (trust Hoare to be up front as usual). My thanks to all the willing helpers who made the event possible.

#### Postscript

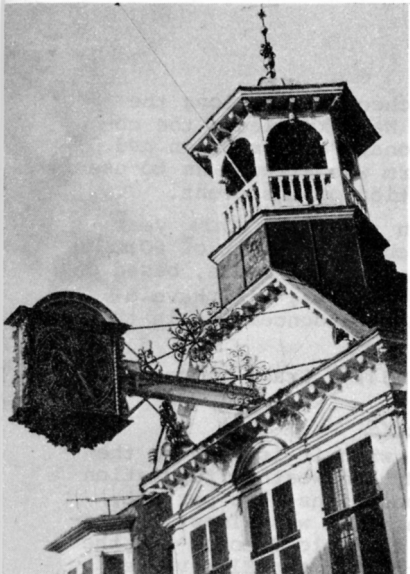
The following comment appeared in the visitor's book at St Christophers, I quote: "Kilroy and his LDWA friends - better meals would result in more bednights". The Ehrenzellers were somewhat put out by this - understandably, as they had made a conscientious effort to feed us well. As far as I can ascertain, people seemed satisfied with the arrangements, however, if "Kilroy" has a complaint I would be pleased to hear from him. The Ehrenzellers suffer enough inconvenience in the cause of the walk without this sort of thing. It's not on - so come on "Kilroy", what about it?

NEVILLE TANDY (130)

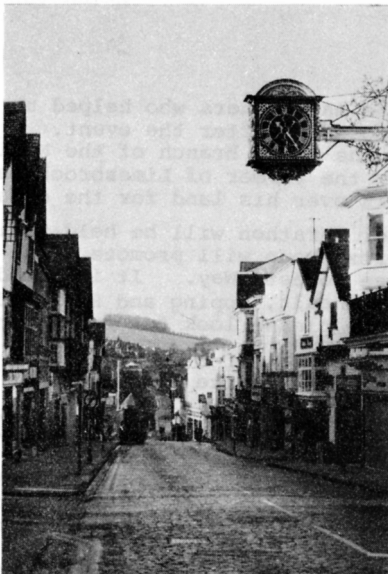
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#### 24 HOURS RUNNING RECORD INTACT, BUT 100 MILES BROKEN.

At the Crystal Palace track on October 15/16 Don Ritchie (Scotland) set a new world record for running 100 miles on the track with a time of 11.30.51 but the winner of the race was Tom Roden of South London Harriers who covered 156½ miles, a performance that only three men have beaten. Second was member Derek Funnell (396) (aged 50) who covered 145½ miles to put him 5th best in the world.



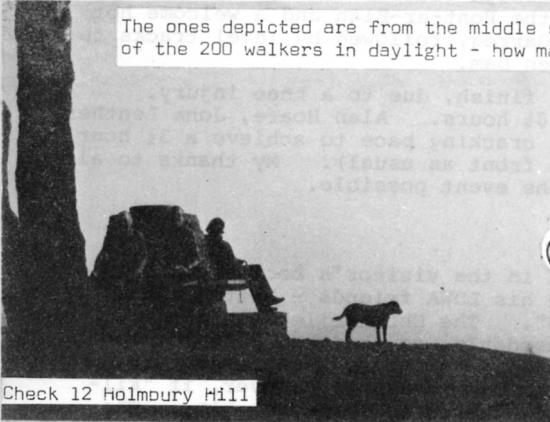
THE START. Under the clock at 12 noon Guildford High Street.



Check 11 Leith Hill Tower

# SOME SURREY 'SUMMITS'

The ones depicted are from the middle section and some will not be seen by any of the 200 walkers in daylight - how many will depend on their walking speed.



Check 12 Holmbury Hill



Check 14 Pitch Hill



Check 16 The Four Elms



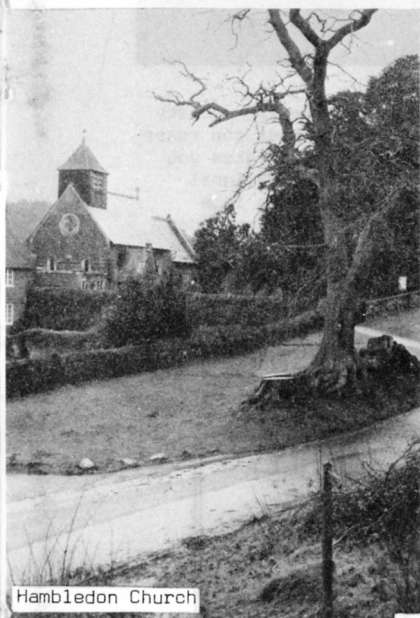
Check 17 The Leathern Bottle



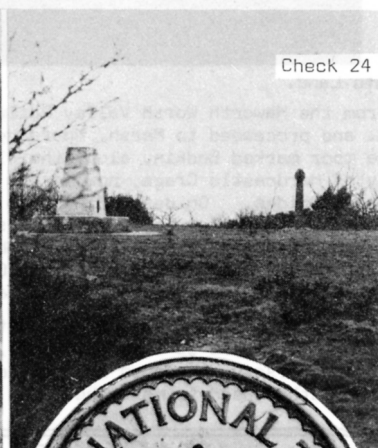
Check 19 Hascombe



Check 20 Hydons Ball



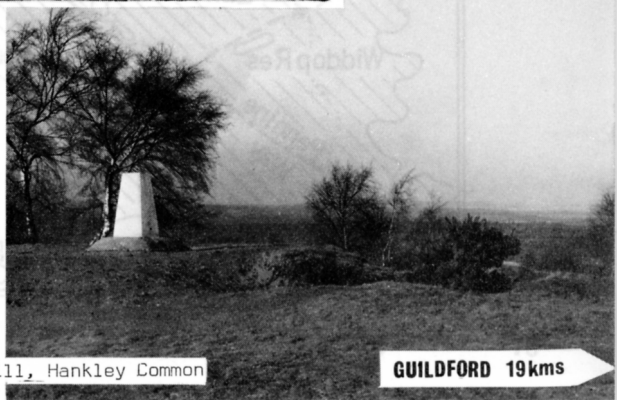
Hambledon Church



Check 24 Gibbet Hill



Check 25 Kettlebury Hill, Hankley Common



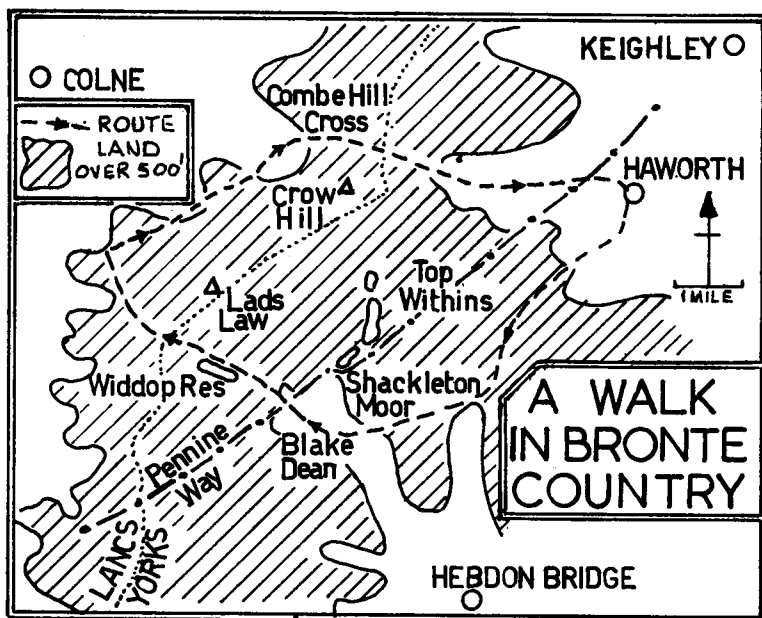
# BRONTE LAND

It often happens that during a lifetime of walking, as in my case, one neglects one's own countryside in favour of taking part in challenge walks around the country. With this in mind I planned a twenty mile walk based on Haworth, known locally as the Bronte Land.



I started my walk from the Haworth Worth Valley Railway Preservation Society Station at 8.30 a.m. and proceeded to Marsh, Moorside Side and past the reservoir; then over the moor marked Bodkin, along the old road which takes you to the lovely valley of Hardcastle Crag, now in the care of the National Trust, and on to Hebden Bridge. On descending from the moor there is a beautiful spot by a stream where I usually take a rest. I continued along the old road, bearing right. There is a short climb past two ruined farms; at the second farm I turned right, up a green lane (GR 899314) and over the southern end of Shackleton Moor, signposted to the hamlet of Walslaw.

Here there is a bridleway to the head of the Hardcastle Crag valley, then by footpath to Blake Dean where there is a small chapel, now a Scout Centre. In the old days, at the anniversary, the open air service was held in the dean (or valley). My grandfather used to make the trip, possibly for the beer



RIGHT: THE PACK-  
HORSE INN, HAWORTH  
AS IT WAS IN 1947  
FAMOUS FOR PARKERS  
BRONTE ALES.



LEFT: THE RECTORY  
AT HAWORTH.

drunk at the Pack Horse Inn after the service!

Then came a stretch of metalled road which is a scenic route from Heptonstall to Colne. After about a mile I called at the Pack Horse Inn, a moorland tavern, of course modernised; could not help thinking back to the 1940's for a moment, when the Inn was rather primitive and old fashioned. The old sports do not change, there was a clay pigeon shoot going on, organised by the Nelson Gun Club. The Pennine Way walkers call here before they plod past the Walsshaw Dean reservoirs and over the moor to Top Withers (or Wuthering Heights from the famous book by Emily Bronte).

A further three miles on I reached Widdop Head (GR 918337). This is on the county border known as Jacksons Ridge. The main object of my walk was to turn right here, along a track used earlier for oil exploration, over Lads Law, Bouldsworth Hill, and Crow Hill to Stanbury. At this point a bad tempered game-keeper approached saying that I was trespassing. I had to explain that I was not a poacher and would not set fire to the moor but was just a peaceful walker.

NOTE: for the information of walkers when confronted with this situation - you can give proof of identity and your name and address to the gamekeeper. He should not stop you physically, but he can report you to the land owner who could prosecute through the courts. It is a civil matter, not a police case. If you are only walking it usually ends at this point with no court appearance.

In this instance I changed my route and continued along the road to Shuttleworth Pasture, at Coldwell Reservoirs; I turned right at a stile signposted to Trawden. This proved to be a pleasant few miles of walking and new to me, with the valley and hamlet of Wycoller below me. Wycoller is being rebuilt with no cars allowed in, so one can go back to the 1830's and, of course, its connection with the Bronte's. Eventually I emerged on the Laneshaw Bridge to Stanbury road at Combe Hill Cross.

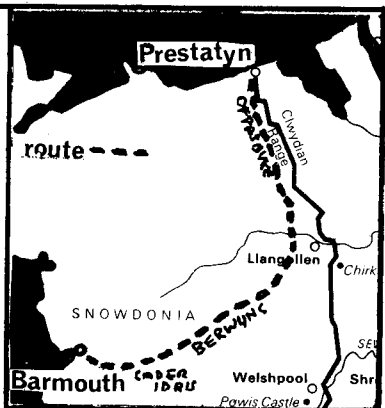
Crossing the Pennine Way route once more I arrived at the Black Bull Inn, Haworth, at 7.30 p.m., having spent a good day in the land of my ancestors. Here I was soon refreshed and my wife called for me later taking me home by car. ●

MAPS USED: 1" SERIES, SHEETS 95 and 76.

**Cyril Richardson (230)**

# BAY TO BAY

## a solitary trek through North Wales



*by John Probert LDWA 524*

A JOURNEY FROM LIVERPOOL BAY TO BARMOUTH BAY IN SEVEN DAYS. STARTING OUT FROM PRESTATYN ON SATURDAY MORNING, 29TH JULY, 1977, I HEADED FOR MY FIRST HIGH POINT, A PLACE CALLED ST ELMOS SUMMER HOUSE.

My boots felt like lead weights (after sleeping in them at the station waiting room). My 40 lb pack with tent, sleeping bag and food etc. was much too heavy, it did not sit on my back right and wanted to slide the opposite way as I put alternate foot to the ground. My weeks of training seemed all in vain as my lungs came to bursting point after only  $\frac{1}{2}$  mile of very steep up-hill, but I finally made the top. There is an unused radio station complete with mast at the top; a monument to man's folly. Press on now to Gop Hill, an unimposing little hill with fields full of cows at the bottom and small oak trees at the top but with some interesting neolithic caves the other side of the hill.

After Gop Hill, Offas Dyke is followed for about 8 miles (that broad highway with a coke can at every 10 yards) to the small village of Sodom, quite picturesque and worthy of a better name.

Pentre was reached late in the afternoon; I found a camp site, pitched my one man tent (light weight storm guard) and collapsed on to my sleeping bag to listen to sport on Saturday only to fall asleep for two hours with gentle rain falling on the tent and my open rucksack soaking up its first rain for two years. First day's mileage turned out at 23 map miles in  $10\frac{1}{2}$  hours.

Sunday morning with an early start, 7.50 a.m., with bright sunlight and some cloud, saw me heading for Moel-y-Parc Summit at just over 1,000 feet. Sun hiding behind the cloud with a cold wind blowing (my first 1,000 feet).

The Offas Dyke path is followed again with its attendant coke and beer cans and climbs up and down across open moors to Moel Arthur with its fine stone fort and triple ramparts reached at 12.22. I was not at all ready for the thirty or so people milling around at the fort or for the 60-70 cars parked at the road side some two miles on with ice cream and kite flying and screaming kids. Over this and down into the valley with a knee jarring slog down onto a boundary path leading into a farm track to the A494 and a farmer's field about three miles after hitting the road; spent



a very uncomfortable night on lumpy ground.

Monday morning start at 8 o'clock after a very large breakfast and a good tidy up to self and kit, onto the ever present Offas Dyke for a good walk in high hills and low valleys with some of the finest scenery I have seen in North Wales. The sky is overcast and very humid with mist in the far hills. On to Llanan-enar-yr-lal with its black rabbits and redstarts and my one and only big boob, turned right and then left and walked in a five mile circle on the first piece of road walking on the route, partly compensated by a pint of excellent mild beer at the Swan Hotel.

After reorientation I found the right direction with the aid of the compass and cursed the council for the new roundabout. Journeyed on for six miles on road to Moel Morfydd, a very steep and hard climb with a descent through farms and fields. It was at about this time that I found something wrong with my waist line, belt needed pulling in two notches, my legs and feet are going very well with no sign of blisters, the rucksack seems to be part of me and rides high and fine. Will cheat this evening and have bed and breakfast within a stones throw of the River Dee at Glyndyfrdwy.

Tuesday started fine and refreshed after a bath and B. and B., clean clothes from head to foot and a parcel under my arm to post at the village and stock up with food for the three day hike before another shop (farm houses but no shops).

The next part of the walk saw the start of a slog through bracken and heather to the top of Moel Fferna, my first 2000 feet-2071 feet at the OS trig. point reached at 12.05. Bright sun with light wind, stopped for food after this two and a half hour climb.

Due south now to Cader Bronwens lovely sweeping moors with no one in sight for miles (in fact, after leaving the road for more than two miles I saw no one other than shepherds and farmers and very few of these.)

From Bronwen to Cader Berwyn across and up a broad ridge where the crags drop over 1000 feet to the valley below with its match-box houses and thin silver thread of river; two kestrels hover below me and even at this height I can hear children shouting in the valley more than a mile away, the time is 3.30, I could spend the rest of my life up here away from the hurly burly rat race, but on up and down for eight miles, only to take the wrong path and end up in bracken and bog taking over an hour to make half a mile progress. Pitch the tent at 8.30 p.m. after a big wander round looking at the valley. Had a good night, with early rain at 5.30 a.m.; snuggled down into my sleeping bag until 8.0 a.m. and after a hurried breakfast set off with lots of confidence across heather and bog that stretched out for twelve and a half hours of frustration, elation and very many bad words about the folly of bog walking. Oh! for the Offas Dyke with its broad footpath that had been left far back the previous day.

Into forestry country for a while with nothing to see but trees with a forest track closing into a foot path running around the side of the hill six hundred feet above the river. Very careful foot work here for 800 yards and onto a hand and foot climb up the face of the waterfall to a further six to seven miles of heather making the days walk more than a little strenuous, but on reaching the top of the next hill the Aran mountains could be seen as a great black shadow with the sun setting behind.

The tent was pitched late this evening with cold winds and rain in the air after dropping down to within a mile of the base of Aran Fawddwy.

Thursday started with rain, low cloud with very blustery wind conditions, no day for ridge walking at all, but with a large breakfast and hot drink I started off at 8.30 taking my time, hoping the wind would clear the cloud before I reached the saddle where the climbing really started.

On reaching the saddle and looking down the hill in front of me there was a solitary Force Ten tent with three young lads leisurely getting their breakfast. I dropped my pack and walked the  $\frac{1}{4}$  mile to their tent to say good morning, as they were the first people I had spoken to for two days.

This started something that would last for the rest of the week but that is another story. On now, back to my pack and the long hard climb to the ridge in between the north and south summits of the Arans, a short climb to the top of Aran Fawddwy, a quick look at the piece of aircraft wing from a crashed 'plane and down out of the high wind to drop some eight miles to Dinas Mawddwy, having decided to seek out and purchase fruit for my over long dried vegetable diet, only to find Thursday to be early closing day. On then by road to the A458 to Cader Idris, the third highest in Wales; the cloud is down on the Caderns and the few spatters in the air had turned to stair rods of rain by the time the tent was pitched, but a dry night was had in the tent with bright sunshine in the morning.

Friday, a quick breakfast and a very cold wash in the stream and away dumping the rucksack halfway up Cader Idris to be collected on the way down, after an hour watching the plight of the thirty or so pilgrims to the top who never walk further than the front gate at home but must struggle to the top because they are on holiday. Down and away with sun shining, pick up the sack and drop down westward to the sea and Fairbourn Station to a riotous party at the local tavern with the three lads met in the Arans, at the end of which we took over the station waiting room, cooked a large curry meal and ended the holiday with a very uncomfortable night on the floor.

The eight hour train journey home the next day finished what to me had been the best six days of my walking life. A tough walk, with accurate map and compass work needed on the last three days, a walk that is not for the weak hearted but which could have been much more enjoyable for two or more in the party. ●



Sign — Peaslake Surrey  
Model — Phyllis Jackson

# FUTURE EVENTS

THE CALENDAR ON THE BACK PAGE IS UPDATED AT EACH ISSUE AND IT WILL GIVE YOU A QUICK REFERENCE TO THE FOLLOWING EVENTS. MEMBERS AND ORGANISERS ARE INVITED TO SEND DETAILS OF ANY WALK THEY THINK SHOULD BE INCLUDED HERE TO THE EVENTS SECRETARY: ANN SAYER

## MARCH 18TH - SOUTH WALES THREE PEAKS TRIAL.

A circular of about 18 miles from Abergavenny, ascending the three main hills around the town (Sugar Loaf 1956', Skirrid Fawr 1596' and Blorenge 1834'). Organized by Cardiff Y.H.A. group, the event was designed for the less experienced walker who would like to test his powers of endurance and map reading skills. The event is ideal for the purpose as there is no obvious route between the checkpoints and walkers must concentrate on their map reading in order to keep to the shortest route. For further details send s.a.e. to Wendy Baxter

## MARCH 19TH - SEVENOAKS CIRCULAR.

The fourth promotion of this event organized by the Kent group of the LDWA 30 miles of scenic footpaths and lanes starting and finishing at Otford. Time limit 10 hours. S.a.e. to Peter Rickards for further details.

## MARCH 26TH - APRIL 7TH - LA MARCHE DE L'EUROPE.

A star formation walk of seven different routes converging on Brussels at 1600 hrs on Friday, April 7th. Starting points are Strasbourg and Kehl, Paris, Amsterdam, Luxembourg, Aachen, Ostend and London. Daily distances are short. The aim is "to encourage support for the unification of Europe and especially for the election of the European Parliament, for a better future for the citizens of Europe, for fraternity across frontiers and mutual understanding of our differences". Write to M. Paul Cliquet, Secretary General of the March for details.

## MARCH 27TH - MANX MOUNTAIN MARATHON.

A lovely way to spend Easter Monday. A classic 30 mile race from Ramsey to Port Erin over 12 mountain summits and involving 9,000 feet of ascent. There are classes for elite and standard fell-runners expecting to take under 8 hours and a non-competitive class for walkers expecting to take under 11 hours. Entry fee includes buffet supper at evening prize giving. For details write to Arthur C. Jones

## APRIL 2ND - FOREST ROUNDABOUT.

Another event in the Forest Roundabout series by the Essex/Herts group. A 30 miler in and around Epping Forest with route description. Start and finish at Woodford. Time limit 10 hrs. Start 9 am; runners 9.30am. Send s.a.e. to Patrick Marchant

## APRIL 2ND - WESSEX XXX.

A repeat of last year's successful 30 mile event organized by the Wessex group of the LDWA. Starting and finishing at Winchester, and mainly on footpaths and bridlepaths over the chalk downs to the north and east of the city. Start 9.00 a.m. for walkers and 9.30 a.m. for runners. Certificates to all finishers within 10 hours. Contact Wilf Lyman

## APRIL 8TH - MID-WALES MOUNTAIN WALK.

From Dinas Mawddwy Y.H. to Kings Y.H., Dolgellau, 22 miles over mountains, culminating in the ascent of Cader Idris 2927'. The route is strenuous, demand-

# MARCH to NOVEMBER

ing a fairly high level of fitness and skill with map and compass. S.a.e. to Neville Tandy

APRIL 15-16 - ORGANIZERS CLEVELAND HUNDRED.

See under Cleveland Hundred, May 27-29.

APRIL 22-23 - SURREY SUMMITS.

The third promotion of this 100k challenge walk by the Surrey Group of the LDWA. Through woods, over common, heath and field, and over chalk and sandstone hills. 16 summits and 7000 feet of ascent. Starting and finishing at Guildford. Visitors from the north will not be disappointed. For further details send s.a.e. to Ralph Henley

APRIL 23RD - JOGGERS AND WALKERS MARATHON.

A northern version of the very popular southern "Masters and Maidens Marathon" to be held at Marple, Stockport. A fun-run "to provide the opportunity for people not normally associated with long distance running to attempt the traditional Olympic distance (26 miles 38 $\frac{1}{2}$  yards). The course may be run, jogged or walked by members of either sex". For further details send s.a.e. to Brian Dowe

APRIL 23RD - THE LONDON COUNTRY WAY.

A series of walks will be held over parts of the route to publicise it and also to raise money for the 'Save The Children' Fund.

Members of Ramblers & 'Save the Children' will be manning most of the starting points but LDWA help is urgently needed at any of the following places, especially the last six: Windsor, Sunningdale, West Byfleet, Horsley, Box Hill, Merstham, Hurst Green, Sevenoaks, Knowle Park, Meopham, Gravesend, Tilbury, Brentwood, Epping, Broxbourne, Bookmans Park, St Albans, Kings Langley, Great Missenden, West Wykeham and Maidenhead. All offers of help to Keith Chesteron, please

MAY 6TH - RIDGEWAY WALK.

The 18th promotion of this event over 40 miles of the prehistoric Ridgeway track from near Marlborough, along the Marlborough and Berkshire Downs to Streatley on the Thames. Entry is limited to 150, so apply early. Details (send s.a.e.) from Norman Griffin

MAY 7TH - BRENTWOOD WALKS.

This year will see the eleventh Brentwood Walks Day organized by the Brentwood group of the Ramblers' Association. Distances will be about 20, 15 and 12 miles with an additional shorter afternoon walk. S.a.e. please to Mrs Doris Knight

MAY 7TH - PLYMOUTH TO DAWLISH RACE WALK.

A friendly welcome awaits LDWA members on this 42 mile road race under Race Walking Association rules (heel and toeing). There are several prizes, and certificates for all finishers within 10 hours. The start is 7 a.m. For details of entry and accommodation send s.a.e. to E.Shillabeer Snr

MAY 7TH - SILVA SURREY FELL RACE.

What may well be the first ever fell race in the south of England will take place over a 15 mile course near Dorking, 2,000 feet of ascent. Start at 1.30 p.m. The previous day a 4-summits walk will take place over 10 miles. The fell race is sponsored by "Silva" compasses. Send s.a.e. for details to Graham Peddie

MAY 13TH - MAAM TURKS WALK.

A 14 mile walk involving 7,500 feet of ascent over the Maam Turks range in Co. Galway. Organized jointly by University College Galway Mountaineering Club

and An Coiste Phobail in Maam. The route is difficult in mist and is described as being for experienced mountaineers only, with high quality navigation skills required. Details from Derry O'Connor

MAY 14TH - BERKSHIRE TWENTY-FIVE.

A 25 miles walk from the site of Membury airfield, Berkshire. A new route will take walkers over field paths and downland tracks through some very attractive country. Details from Roy Chapman

Enclose s.a.e. please.

MAY 20TH - SPRING IN LAKELAND.

A walk of about 28 miles in the southern Lake District, based on Ambleside, taking in Troutbeck, Bowness, Hawkshead and Elterwater and crossing Windermere by ferry. Feeling thirsty? This is a CAMRA event and there are chances en route and at the finish to get a drink of real ale at some of Lakeland's interesting CAMRA pubs. For more details send s.a.e. to John Fisher

MAY 21ST - HASLEMERE KANTER (SURREY GROUP)

25 or 12 miles over Blackdown, Gibbet Hill, Devils Punchbowl and Waggoners Wells. Details from Liz Pamplin

MAY 20-21 - FELLSMAN HIKE.

The seventeenth promotion of this tough classic over some 59 miles in the Yorkshire Dales. Starts at Ingleton and finishes at Threshfield, near Grassington, going over Ingleborough, Whernside, Gregareth, Blea Moor, Great Knoutberry, Dodd Fell, Fleet Moss, Middle Tongue, Buckden Pike and Great Whernside. The draw for the 450 places on this popular event will take place on March 18th. For entry form send 9" x 4" s.a.e. to Fellsman Hike

MAY 20-21 - ISLE OF MAN PARISH WALK.

This is a road walk of 85 miles round the island in which successful competitors are recorded as having touched the gates of 17 ancient parish churches en-route. Shorter course (32 miles) for veteran men and women. No running allowed. For details send s.a.e. to Arthur C. Jones, Walk Secretary of Soudary Harriers (Isle of Man)

MAY 21ST - SIX SHROPSHIRE SUMMITS.

This year the 35 mile walk organized by the West Midlands Fire Service will take place during the day (not overnight) and will start at 8 a.m. going west to east over Corndon, Stiperstones, Long Mynd, Caer Caradoc, Brown Clee and Titterstone Clee. For further information send s.a.e. to Dave Ramsay

MAY 27-29 - CLEVELAND HUNDRED.

A hundred miles (or thereabouts) over a horseshoe route from Scarborough to Malton, including part of the Cleveland Way.

Tony Cresswell writes: "By the time you read this the Cleveland Hundred will be either full or very nearly so. If you still wish to "partake" it is advisable to 'phone T.C. (0632-745951) to see if it is worth while writing! It is a fact that this may well be the second but final Cleveland Hundred - as such. Whenever the next event is held a different route seems likely. So if Mother Nature beat you last time, make sure you do it this time - it may be your last chance! If you are still not sure whether to have a go or not, join the Officials Event on April 15-16 (they always get good weather!) but you must help on the full event. And you others, think of us suffering on 15/16 April! **HELP!** We could do with some help from people not walking to man checkpoints, help cook, hand out drinks etc. Any volunteers please

let T.C. know, in plenty of time

JUNE 3RD - WELSH 1000 METRES RACE.

From the sea at Aber over the summits of Carnedd Llywelyn, Carnedd Dafydd, Ugain (Crib y Ddysgl) to Snowdon, a distance of about 18 map miles with around 9,000 feet of ascent. Classes for fell runners and for mountaineers "dressed as mountaineers". Short courses for juniors (16-18 years) and ladies (over 19 years). Address for entries: Mrs J.H. Jones

Please enclose s.a.e.

JUNE 3RD - PEAK DISTRICT 25 MILE MARATHON.

This year the 25 mile marathon organized by the Peak Region of the Y.H.A. will start and finish at Buxton Y.H. For further details write (enclosing s.a.e.) to Y.H.A. Peak Regional Office

JUNE 4TH - CHEVY CHASE.

A 17 mile circular from Wooler Y.H. over rugged terrain and taking in Cheviot summit. Organized by the Border and Dales region of the Y.H.A. For details send s.a.e. to Michael Everett

JUNE 4TH - MINI-MOUNTAIN MARATHON.

This is basically a one-day version of the Karrimor for teams of two and is held in the Brecon Beacons. There will probably be 2 courses of about 25 and 15 miles. For further details send s.a.e. to Alan Williamson

JUNE 4TH - MOURNE WALL WALK.

1978 will be the 22nd year of the Mourne Wall Walk. The route is 22 miles long with 10,000 feet of ascent; it follows the boundary wall of the Belfast Water Commissioners' Catchment Area, which links most of the main summits of the Mountains of Mourne. For details write to T.H. Hendra, Y.H.A.N.I.

enclosing s.a.e.

JUNE 4TH - PUNCHBOWL MARATHON.

This is a biannual event and covers about 30 miles of Surrey countryside, starting and finishing at Witley, near Godalming. Details (send s.a.e.) from Jeff Ellingham

JUNE 4TH - REEKS RIDGE WALK.

A classic walk for experienced mountaineers over the McGillycuddy Reeks Range in Co. Kerry, S.W. Ireland. 11 miles and 6,000 feet of ascent. Details from Paul Walker, Laune Mountaineering Club

JUNE 17TH - LAKES FOUR 3000'S PEAKS TRIAL.

A 2 a.m. start from Keswick on a 45 mile circular walk including the summits of Skiddaw, Scafell, Scafell Pike and Helvellyn. For members of the Ramblers Association and affiliated clubs only. Details from Clifford Ford

Please enclose s.a.e.

JUNE 18TH - PURBECK PLOD.

23 miles long, the first 9 miles along the Dorset cliff path west of Swanage and the rest through the lovely Purbeck country and along the line of the Purbeck Hills, passing through Corfe Castle. "Hard enough to be interesting and ideal for those tackling a marathon for the first time. Wonderful views all day", says the organizer Fred Daldry. For more information write to him, enclosing a s.a.e., at Bournemouth Y.M.C.A.

JUNE 24TH - MALVERN MIDSUMMER MARATHON.

A follow-up to last year's successful event by the Bristol & West group of the LDWA. 35 miles starting and finishing in Malvern and including the Malvern Hills, Severn Vale and Eastnor Park. For details send s.a.e. to Tony Rowley

JUNE 24TH - SOUTH WALES MARATHON.

This long established marathon is organized by the South Wales region of the Y.H.A. and traverses the 7 highest peaks in the Brecon Beacons National Park in three separate mountain groups (the Black Mountains, Brecon Beacons and Carmarthen Fans). Participants may start from either end, at Llandeusan or Capel-y-Ffin Youth Hostels. Details (send s.a.e. please) from Wendy Baxter

JUNE 24-25 - SAUNDERS LAKELAND MOUNTAIN MARATHON.

This new two-day event is sponsored by Robert Saunders (Chigwell) Ltd., tent manufacturers, and is open to teams of two in a range of five classes catering for experienced fell runners covering a distance of around 50 miles to fell-walkers and back-packers covering around 30 miles. The event will start and finish at Ambleside. Entry forms may be obtained from climbing shops, "Climber and Rambler" magazine or from David Meek

JUNE 25TH - COTSWOLD CRIPPLER.

Another walk organized for the West Midlands Fire Service, but with LDWA members welcome to join in. About 35 miles? Contact Dave Ramsay (Enclose s.a.e.).

JUNE 29-JULY 2ND - CASTLEBAR INTERNATIONAL 4-DAY WALKS.

Continental-style marching in County Mayo, with a series of walks each day: a long walk 24-27 miles and a mini-walk of around 8 miles. Medals and certificates for successful completion of the walks. Write to The Secretary, International Four Days' Walks

JULY 1ST - PEAK DISTRICT 40 MILE MARATHON.

A circular from Crowden Y.H. over rough moorland and peat bogs. Organized by the Peak Region of the Y.H.A.  
(Send s.a.e. for details).

?JULY 1ST - MALLERSTANG MARATHON.

The date is not yet fixed but will be "late June/early July" A moorland route of about 25 miles from Garsdale Head Y.H. encircling the Upper Eden and Upper Wensleydale valleys of Cumbria/North Yorkshire. Send s.a.e. for details to Philip Gilks

JULY 2ND - TANNERS MARATHONS.

This year's Tanners will comprise four walks which should cater for most tastes. There will be the annual 30 miles, 10 miles and 10 miles quiz-walk. But especially, don't miss the opportunity to do the Tanners Fifty, a biennial event, starting at 5 a.m. All walks start and finish at Leatherhead, although people staying at Tanners Hatch Y.H. may start and finish the Thirty at the hostel. Full details from Alan Blatchford

JULY 8TH - LYKE WAKE RACE.

A race over the classic 40 mile Lyke Wake Walk route across the North York Moors from Ravenscar to Osmotherley. Open to those who have already done the L.W. crossing. S.a.e. to A.W. Puckrin

JULY 15-16 - TANNERS TWO-DAY WALKS.

A two-day back-packing walk for teams of two starting and finishing at Tanners

Hatch Y.H. 30, 15 or 10 miles a day. For further details send s.a.e. to the Warden of Tanners Hatch, Graham Paddie

JULY 15-16 - NORTH YORK MOORS CROSSES WALK.

A circular of 53 miles from Goathland, visiting 14 of the crosses on the North York Moors. Details, if you send a s.a.e., from Mrs Betty Hood

JULY 22-23 - ICKNIELD EIGHTY.

A repeat of an event previously held in 1974 and run by the LDWA. It starts from Ivinghoe Y.H., near Leighton Buzzard, Beds. and follows the Icknield Way/Ridgeway westwards along the Chilterns, Berkshire Downs and Marlborough Downs to finish at Marlborough. The first half is pleasantly undulating and well-wooded, while the second part follows a rather straight line over wide, open country. Send s.a.e. for full details to Thomas Harding

JULY 28-29 - LEICESTER-SKEGNESS HUNDRED.

A 100 mile-in-24 hours race walk organized by Leicester Walking Club under Race Walking Association rules. Starts around 4 p.m. on the Friday. This is a qualifier for membership of the Centurions. Address unknown at present but aspirants can write to Ann Sayer.

AUGUST 6TH - ROYAL MILITARY POLICE AND CHICHESTER MARCHES.

A welcome repeat of last year's R.M.P. Centenary marches in which nearly 3,000 people took part. This time the event is being organized jointly by the R.M.P. and the city of Chichester. Courses of 25, 20, 12½ and 6 miles, open to civilian and military teams and individuals from the U.K. and overseas. Medals to all finishers. The gala occasion culminates in a parade of participants through the streets of Chichester. For more details send a s.a.e. to The Secretary, Royal Military Police and Chichester March, Roussillon Barracks, Chichester PO4 6L, W. Sussex.

AUGUST 13TH - ENFIELD CHASE.

Kenters of 26 and 13 miles. A chance to see countryside on the fringe of North London before the proposed M25 motorway ploughs through it. Organized on behalf of Enfield Harriers by Jack Rossiter  
Send s.a.e. for details.

AUGUST 20TH - DORSET DODDLE.

30 miles with 5,000 feet of ascent along the Dorset cliff path from Weymouth clock tower to Swanage clock tower. The organizer describes this as "a serious walk. The last 9 miles can seem long. Yes, it's hard but very satisfying." Details, if you send a s.a.e., from Fred Daldry,

SEPTEMBER 2ND - ACROSS WALES WALK.

43 miles from west of Clun to Aberystwyth across the Principality.





A route of contrasts with a good deal of road and also the ascent of Plynlimon which requires navigational skill. For details send s.a.e. to Andrew Morris

SEPTEMBER 2ND - BRITISH AIRWAYS INTERNATIONAL ONE-DAY WALKS.

Two routes of 25 and 15 miles starting and finishing at Ascot Race Course, Berkshire. Medals to all finishers. Details from Mrs Maria Willis, British Airways International Walking Section, Current Planning, Queen's Building London Heathrow Airport, Hounslow, Middlesex.

SEPTEMBER 2-3 - BULLOCK SMITHY HIKE.

The third annual 56 mile challenge hike from Hazel Grove, Stockport, a circular mainly in the Peak District. Climbing over 7,000 feet, with 80% of the route described as being "on footpaths and tracks." S.a.e. for details from Fielding Lord

SEPTEMBER 9TH - KENDAL GATHERING WALK.

This year's walk along the Lancaster Canal tow path is 37 miles from Glasson Dock northwards to Kendal. If there is a demand the organizers will lay on facilities for those who wish to do the full 57 miles from Preston to Kendal, and also a short 15 mile river and canal bank walk for families and young people starting and finishing in Kendal. Send s.a.e. for details to John Fisher

SEPTEMBER 10TH - SOUTH YORKSHIRE MARCH.

A march over 3 courses of 28, 20 and 8 miles passing through rural areas of South Yorkshire and starting and finishing in Barnsley. Medals to all finishers. For details send 9" x 4" s.a.e. to The Secretary, South Yorkshire March, T.A.V.R. Centre, Eastgate, Barnsley, S70 2EU.

SEPTEMBER 16TH - TEESDALE MARATHON.

The second promotion of this event by the Tyne-Tees group of the LDWA. Start and finish at Middleton-in-Teesdale. 25 miles if you ford the unpredictable Maize Beck; 35 miles if you walk round! The route crosses tough moorland then follows the Pennine Way beside the Tees. S.a.e. to Tony Cresswell

SEPTEMBER 17TH - CHILTERN MARATHON.

25 miles almost entirely on paths and tracks, taking in much of the beautiful scenery of the Chilterns. Details from Vince Smith  
S.a.e. please.

SEPTEMBER 23RD - MORTIMER FOREST MARATHON.

A new event. A circular walk in the Welsh Marches connecting the highest points in the Mortimer Forest. Start and finish in Orleton village, just inside Herefordshire, near the border with Salop. Details from Mrs Betty Cooper



#### OCTOBER 1ST - ANDREDSWEALD CIRCUIT.

A new event by the Kent group of the LDWA. 20 and 30 mile routes in Ashdown Forest on the Kent/Sussex borders. More details later.

#### OCTOBER 7-8 - SAT/SUN LONG MYND HIKE.

Fifty miles of Shropshire Hills and vales starting and finishing at Church Stretton. 15 check points on route including Lawley, Pole Bank, Stiperstones Pontesford, Corndon, Black Rhadley, Ragleth and Caradoc. A well run and popular event. Send S.A.E. to Hike Organiser

#### OCTOBER 28-29 - CAPTAIN COOK MEMORIAL WALK.

This a once-only walk to commemorate the death of Captain Cook 200 years ago. The 44 mile route links a number of places associated with Captain Cook starting at Marton and finishing at Whitby. For further details send a s.a.e. after May 1st to Mrs June Gough

#### NOVEMBER 11-12 - THREE FORESTS WAY.

A tough event of 60 miles organized jointly by the Essex/Herts group of the LDWA and the West Essex group of the Ramblers Association along a new long distance footpath in Essex linking the three forests of Epping, Hatfield and Hainault. For details send s.a.e. after June 1st to Frank Duerden

----- *end of future events*

## **TRANS WALES TREK**

I WAS INTERESTED IN THE NEWS IN THE LAST EDITION OF "STRIDER" THAT A LONG DISTANCE WALK WAS BEING PLANNED FROM CONWAY TO CARDIFF. DURING JUNE 1977 MYSELF AND SGT ALAN TOMKINSON WALKED FROM CAERNARVON CASTLE TO CARDIFF CASTLE IN 8½ DAYS. OUR ROUTE WAS AS FOLLOWS:-

Caernarvon Castle, Snowdon, The Moelwyns, Maentwrog, the Rhinogs, Cader Idris, Macchynlleth, Plynlimon, Cwmystwyth, Claerwen Reservoir, Builth Wells, Brecon, Brecon Beacons, Taf Fechan Reservoir. We then proceeded around Merthyr Tydfil on a disused railway line, down through Aberfan to Pontypridd, Taffs Well and into Cardiff through Llandaff and Cathays Park.

We camped each night and carried all our equipment. The total distance covered was about 180 miles. To reduce the weight of our packs and to avoid having to call at shops on the way, we buried our food (sealed in polythene bags) in caches on the route. We buried the food the week before we did the walk and as a result were able to eat very well indeed. A factor which I am sure contributed greatly to the success of our walk.

JOHN HANCOCK.

## **Know any Good Beds on the Pennine Way?**

THE PENNINE WAY COUNCIL WOULD LIKE TO HEAR FROM ANY MEMBERS WHO HAVE FOUND ANY GOOD BED AND BREAKFAST ACCOMODATION ON OR NEAR THE WAY THAT DOES NOT ALREADY APPEAR IN THEIR LIST.PRICE 20P PLUS S.A.E.

PLEASE WRITE TO: JOHN NEEDHAM

# MOORLAND MYSTERY

## CHAPTER TWO

*"Beware the silent man and  
the dog that does not bark".*

THE STORY OF TONY FOXLOW'S EXPERIENCE ON FYLINGDALES MOOR HAS EVOKED SOME CONSIDERABLE INTEREST FROM A VARIETY OF SOURCES.

WE HAD TELEPHONE ENQUIRIES FROM A NATIONAL NEWSPAPER AND A MAGAZINE.

THE CHRISTMAS EDITION OF "THE NEW SCIENTIST" CONTAINED A FASCINATING AND INTRIGUING TALE BY THE WELL KNOWN WALKER-WRITER JOHN HILLABY.

ALSO SIX LETTERS FROM MEMBERS RECOUNTING THEIR OWN EXPERIENCES. THE FIRST OF THESE IS FROM MAC MC CAULEY, A PRACTISING SCIENTIST AT THE NATIONAL PHYSICAL LABORATORY, WHO REQUESTS THAT THE FOLLOWING BE LOOKED UPON AS "A DEFINITIVE, SCIENTIFIC AND, IF NECESSARY, LEGAL STATEMENT."

A colleague of mine has shown me Tony Foxlow's article "A Moorland Mystery" in Strider No. 19, reminding me of an incident that occurred some years ago on the Lyke Wake, and which has been retold often in an inaccurate or garbled version. To put the record straight, these are the facts.

Eleven of us left Ravenscar at 10.30 p.m. on Friday, 1st June, 1973 which date is given on my "condolence" card. Therefore, this would be about two months before Mr Foxlow's experience. Unlike him we had a dark moonless night, so dark that we were just formless unrecognizable shapes framed against the star-spangled sky. These stars were our guides making torches unnecessary. Leo hung low in the west, holding Regulus in his paws, this star giving us the direction for our east to west crossing.

Sometime after midnight, having struggled in and out of the inky depths of Jugger Howe ravine, we lost direction and after a time found Regulus was now on our left. After hasty consultations and much casting about we realised that we were at Louven Howe, not Lilla. Everybody turned about and the now scattered party made for the one certain landmark, the weird band of the coloured lights of the Early Warning Station overhung by those monstrous domes. On arrival at the corner (I quote Mr Foxlow) "where the fence strikes due South", i.e. on the exact spot where he had his encounter, we paused and I as End-Charlie checked that we had not lost anybody in the scattering and did a quick count. "All present - twelve!" I called out and off we went west along the fence with, on our left, those strange softly-throbbing spheres that gently glow in the dark and appear to pulsate in size.

Then suddenly realization struck and from unseen faces came the puzzled question "Twelve?" We all gathered together, black unrecognizable shadows against a deeper black. Each one counted and in a babel of voices from indeterminate figures we all agreed that our number was indeed twelve. We recounted but our dark circle never had a total less than twelve. Then silence fell upon us and suddenly we all started off rapidly along the fence-path, sometimes stumbling into the side-ditch, then ploughing through the heather of the moors, all keeping in the darkness slightly apart, not knowing who or what was next to each of us.

By the dim starlight that had been our sole illumination during

these events, we reached the Eller Beck road by the box where we planned our night's meal-break. Torches were delved from rucksacks and cautiously shone into each others anxious faces just when a lightening in the north-east told us that the early June dawn was approaching. Cries of recognition went up, perhaps tinged with relief, as one by one the torchlight revealed the old familiar faces. And, in the strengthening light, we all counted again. Eleven! exactly - positive - no error - just eleven!

The explanation appears perfectly simple; all eleven of us just made a counting error in the gloom. If not - then did Number Twelve count correctly with us?

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FROM A NATIVE OF THE HEATH - HARRY SCHOFIELD. (821)

The letter from Tony Foxlow in the November issue of the Strider under the title of "A Moorland Mystery" aroused a little interest and your request at the end has prompted me to write this letter.

First, please allow me to correct an error in spelling. Fylingdale is wrong and should be FYLINGDALES (in the plural). Fylingdales is the name of the area lying inland from the sea at Robin Hood's Bay to the moors and is not the name of one particular dale.

Coming to the subject of your "Mystery" and by way of offering a possible explanation, a few years ago I was on one of my nights out over the moors doing the Lyke Wake Walk east to west. It was on the witching hour of midnight that I commenced the crossing of Wheeldale Moor.

Instead of following the usual path to the "Blue man i'th Moss" boundary stone, I took a route across the higher moor to the ruins of Hamer House. It should have been a moonlight night but a blanket of cloud covered the sky. The heather-covered ground was a black indistinct mass although some faint light came from the direction of the sun as it circled round below the far horizon.

It was on nearing the 'intake' at Hamer that suddenly, just as Tony Foxlow described, I also sensed a 'presence'. There in the mist and gloom of the approaching dawn was a white formless 'shape' about six feet tall walking alongside me about ten feet away. I stopped and so did the 'shape'. As I moved forward 'it' also moved with me. This happened several times until, suddenly I hit the track leading from the 'intake' wall to Hamer House ruins, when all was revealed. My spectral companion had been a section of the track I had just joined dimly reflecting the pale light seeping through the clouds.

Who am I to say that Tony Foxlow is suffering from a similar hallucination? Whatever he saw, or thinks he saw, was either something imagined or some natural phenomena which appeared to be as he described. Perhaps the green glow from the dog's eyes came from a sheep instead. I have noticed this myself many times at night. The only animals I have seen at this spot, apart from once meeting with two Ministry of Defence policemen, have been sheep.

I myself am not superstitious but who knows! There are more things in Heaven and earth, even in this advanced age of scientific achievement, than are dreamed of in man's ingenuity.

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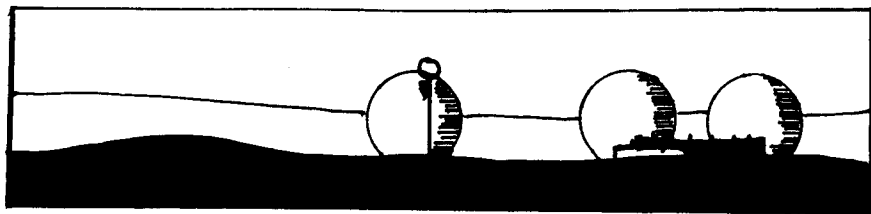
FROM BOB BALL (487) LYKE WAKE CLUB MASTER OF MISERY

I was particularly interested in Tony Foxlow's account of his experiences on the Lyke Wake Walk but even more interested in your own use of the quotation "Beware of the silent man and the dog that doesn't bark" because, in the depths of my memory, I could recall something about a silent man and a dog.

I finally remembered that a man and a dog are included in the complex designs used on Tarot cards. The 22 Tarot trump cards describe through the language of symbolism the journey of life, and the beginning and end of the cycle share the same card - The Fool. This card depicts a man dressed in green as a court jester. In Medieval times jesters were hunchbacks, dwarfs and often Mutes. In many packs he is being attacked by a dog as he walks along. The Fool is also the 'Green Man', the herald of new life and when he appears at the beginning of the cycle he represents the newly born child, carrying in his hand a flower, his soul. The dog, although silent, reminds the body that life is not without pain. The same card reappears at the end of the life cycle. Here, after passing through the world, he is immortal and cannot be harmed. The dog at his heels represents out-moded thoughts and the values of mundane existence which he now ignores.

It has been argued that the Tarot speaks the language of the unconscious and may, if approached in the right manner, open doors into our hidden intellect.

Having owned a set of Tarot cards for a number of years I am certain that the Fool represents our memories and dreams through life and our psychic wisdom which is the prize at the end, and having crossed Fylingdales Moors at night I am not at all surprised that the Fool, the silent man and the dog that does not bark should be seen there, where so many sensory experiences have been found by so many walkers.



### Postscript

The other letters, being relevant to other times and other places will be reproduced elsewhere at another time! Ed.

# BOOKS OLD AND NEW

"THE THREE FORESTS WAY" by F. Matthews and H. Bitten - Price 45p  
This 24 page booklet describes a 60 miles circular walk devised by members of the West Essex Group of the R.A. to mark the Queen's Silver Jubilee. Despite its name the walk only passes through forests for about 8 miles. The forests that are linked by this new route are those at Epping, Hatfield and Hainault. The comprehensive text is supplemented by ten sketch maps but most walkers will wish to carry the faithful O.S. map as a standby. The preface says that the walk may be done in 3/4 days and general details of the available transport are given so that the way may be tackled in sections. Available from Fred Matthews (add 7p for postage).

"THE THAMES WALK" by the Ramblers Association - 50p + 14p postage.  
A survey report on the possibility of walking from Putney in London to the Thames source near Cirencester - a riverside trek of about 156 miles. The 44 page survey on A4 format with its many 1:50000 maps describes the route that it is possible to walk today. Unfortunately, ferries and bridges that once existed are no longer there and a few away-from-the-river detours have to be made. Copies are available from Ramblers' Association, Southern Area Office, 1/4 Crawford Mews, London W1H 1PT.

"THE LONDON COUNTRYWAY" - A descriptive booklet of the LDWA's own long distance footpath. 205 enchanting and challenging miles on footpaths round London. Circular route; ideal for day trips and marathoneers. Price 35p (post free to members) from: Keith Chesterton

A book on this footpath is being published by Constable & Co. on April 29th, price £3.50. It includes 42 pages of maps and 77 photographs.

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## **In Praise Of Marathons ——— Phyllis Jackson**

I joined the LDWA  
To walk the longest trails  
An oldish lady, past her prime,  
(At least for catching males!)

I didn't know of marathons  
They were to me pure Greek,  
(A walk along the South Downs Way  
Should surely take a week!)

And when I read of wond'rous deeds  
By other members done  
Of lengthy walks in record time  
That didn't sound much fun.

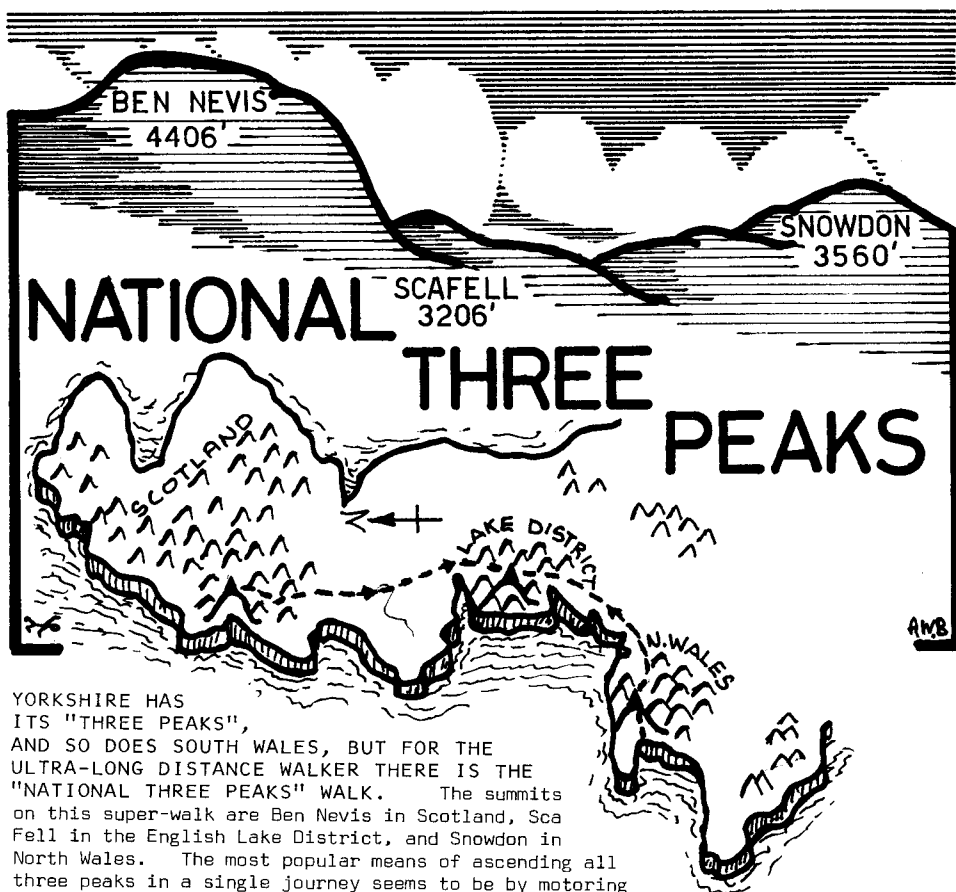
However, I resolved to try,  
And entered one or two  
I met so many friendly folk  
My interest quickly grew.

I've been on more than 35  
Since Autumn '74  
And gained a badge or two  
Also certificates galore.

There's still a few I've yet to go  
And others tread again,  
More holidays and "social walks"  
For future days remain.

How long I'll keep this up's not sure  
But still I'll try my best,  
It keeps me fit and gives me friends  
And puts me to the test.

So here's to walks in '78  
And on for many a day  
Before my boots are off for good  
Thanks, LDWA!



YORKSHIRE HAS ITS "THREE PEAKS", AND SO DOES SOUTH WALES, BUT FOR THE ULTRA-LONG DISTANCE WALKER THERE IS THE "NATIONAL THREE PEAKS" WALK. The summits on this super-walk are Ben Nevis in Scotland, Sca Fell in the English Lake District, and Snowdon in North Wales. The most popular means of ascending all three peaks in a single journey seems to be by motoring between the foothills and running to the summit in each case. However, a few people have actually completed the traverse on foot and one such person is Martin Cross (LDWA 1920) who accomplished this during the summer of 1977, for his Queen's Award.

On July 19th Martin set off to ascend Ben Nevis from Fort William and return to the camp site where his family awaited him. The next day he was on his own as he began the long trek south. Five days later at Glasgow he had clocked up over 100 miles but, with his shoulders being a little worse for wear from his pack, he decided to train home to Preston and return later to complete the trip. However, after a few days he travelled with his family to North Wales and recommenced his travels between the Three Peaks, but this time from the southern end. His first day included the ascent of Snowdon whilst walking east. Five days later he arrived back at his home in Preston in a somewhat shattered state and decided to rest a day or so. On August 2nd he arrived back in Glasgow by road and set about completing the remaining section between there and Preston, a distance of about 250 miles. The great trek was finally finished on August 10th when Martin had totalled an estimated 511 miles in 19 days of walking. On eight days he made over 30 miles, the longest section being 39 miles on a wet day in Scotland. On several days he carried packs of 25lbs or more.

His walk was not a record by any means but it is certainly a good example of persevering to complete a task begun, even if in a slightly unconventional manner. Martin's complete log of the journey, including planning the route, list of equipment, maps and pictures, runs to nearly a hundred pages and is an interesting record of a great adventure. ●

# THE GEN VINE

THE GENERAL  
INFORMATION  
GRAPE--VINE

**38. CRAMP** Replacement of the sweated out water and body salts is the only permanent remedy but this takes time and drinks are not always readily available in long distance events. However, relief can be (literally) at hand. Whilst still progressing squeeze your upper lip between the thumb and forefinger of the same hand for about 20 seconds. This method (presumably based on acupuncture) should stop the cramp instantly for say 10-15 minutes. Then repeat. Tending to cramp on hot days in races over 20 miles, I successfully road tested this system on last year's London-Brighton Walk. One word of warning - you can look strange doing this! Said Phil, my attendant, "John, everytime I came across you late on you were picking your nose!"

JOHN LEES (826) (Record holder for walking  
across U.S.A.)

**39. FOR LEATHER FOOTWEAR.** White mutton fat is virtually a throw-away product from boiling the meat and it keeps indefinitely. Its use on leather accords with the principle "Animal grease for animal products". Keep the fat in an old cup and stuff the rubbing rag in on top.

EDGAR LEWIS (849)

**40. GAITERS.** Make yourself some lightweight waterproof leggings or gaiters from the sleeves of a discarded nylon cagoule or jacket. Cut off 14" to 16" to suit your length of calf - turn in  $\frac{1}{4}$ " each end and stitch in a piece of stout elastic.

FRANK SHARPE (879)

**41. FRUITARIAN CAKE.** Gather together a mixture to your taste of any dried fruits, viz. dates, apricots, apples, pears, figs, raisins, prunes, peaches and nut kernels - walnuts, almonds, peanuts etc., mix up and put it all through a mincer. If too dry, add honey, if too wet, add crumbled biscuits. Roll to  $\frac{1}{4}$ " thick and cover both sides with rice paper. Cut into convenient squares. Very sustaining. ED.

**42. INSOMNIA.** Can't sleep? Pre-event nerves? Pre-exam butterflies? Relax, close your eyes and start out on one of your longest and most favourite walks. Follow every step of the way in as much detail as you can recall; the weather, your companions, the scenery, the stiles, and even conversations.

I'll wager you won't reach the end .... !

However, if you can't take the chance and you really must sleep before the Fellsman or the Cleveland you can always get a 'knock-out' pill from your doctor. It has been done. ED.



**HAVE YOU ANY TIPS TO PASS ON?  
DROP US A LINE**



# **A LONG DISTANCE FOOTPATH REVIEW**

## **Offa's Dyke Path**

**Anthony Hewitt 1800**

A MERCIAN ON THE DYKE (I was born in Wednesbury, a town whose origins go back to the Mercian Kingdom).

I see that not much seems to have been mentioned about the P4 or the Offa's Dyke Path and, considering that it is our second longest continuous path, I thought it appropriate that a MERCIAN should give a few guiding remarks about it. Well, may I take this opportunity to dispel (in stile?) you will see why I said that later on, some of the myths regarding this so called National Path.

It would seem most people prefer to walk in a South to North direction, and why not? they do on The Pennine Way. The main flow (or trickle would be more appropriate) of walkers is from Chepstow to Prestatyn, but being a Mercian I chose the other way.

According to the Countryside Commission Handbook, it should not be compared with The Pennine Way, and that is true, it cannot at all be compared with the free flowing walking that is typical of the P.I. Indeed the very nature of the path, its 'bits and pieces', has produced a second class long distance path.

The concept is good and there can be no construction to equal the size and length of Offa's Dyke that has survived until today in this Kingdom (that covers England and Wales, two relatively new concepts as far as the Kingdom of Mercia is concerned). However, where the design of the path is concerned it falls down as it was primarily local authorities who undertook to establish the route. Unlike the Pennine Way where it was the Ramblers' Association who fought long and hard to get that remarkable task completed, and primarily Tom Stephenson who masterminded it. The Dyke Path is not of this breed, it was born by cold blooded administrators who, it would seem, had little regard for the long distance backpacker.

One of its major disadvantages is the lack of settlements which would add interest greatly if incorporated at the right places. The other is the number of hideous four bar stiles - now you may have guessed why I said 'stile' and not 'style'. Unlike the moorland variety, these ladders have to be climbed and that is no mean task when carrying a 30lb rucksack for 170 miles. It would be no exaggeration to say that there are more stiles along half the Offa's Dyke Path than there are on the whole length of The Staffordshire Way (100)! In between stiles there are several sections of path that are questionable especially where the dyke is most neglected. Please don't get me wrong, I am not against the path, I enjoyed the Clwyds and the open tops of the Black Mountains are super for free walking, and the character of the Wye is inescapable; but why, I ask myself, does one have to get through a man-made assault course to be able to enjoy the collective delights which should be offered on a Long Distance Footpath?

By the way, don't walk it in late summer with shorts on - you won't survive it! the inhibitious flora won't leave your legs in tact, and talking of flora, if you use a backpack (and most Long Distance Walkers do) you are going to have fun at the stiles, a lot of fun and quite often. Hopefully, now with the establishment of the Offa's Dyke Association, things should be a little better as regards the maintenance of the path, but something ought to be done to modify the stiles as well. ●

# LETTERS TO

# THE EDITOR

## **Silva Service!**

*I have a Silva compass which I frequently suspend around my neck on a lanyard. On one occasion when pushing my way through bushes and brambles they caught in the compass and pulled out the thin copper wire which holds the compass in the rectangular base plate. I was unable to get it back and wrote to Silvas to ask for a spare new one (wire ring).*

*I enclose their reply. It seems such an unusual piece of generous service that I wonder if other members would be interested to hear of it.*

*"Thank you for your letter. The friction ring you mentioned you lost is somewhat difficult to fit and therefore I suggest you return the compass to us and we will gladly replace and fit it free of charge."*

SILVA COMPASSES (LONDON) LTD.

CHARLES W. BALDEY

## **Ramblers Rooms**

*We were interested to see in the November issue of 'Strider' that you were including accommodation addresses for some of the Long Distance Paths.*

*Members of the LDWA may find it useful to know that in our annual Bed and Breakfast Guide we specialize in indicating accommodation addresses on all the official Long Distance Path routes. For 1978 we shall also have addresses for the Cumbria Way, Cotswold Way, Dales Way, and the Two Moors Way.*

*The Guide is issued free to members of the R.A. or will be available approximately mid-March from the Ramblers' Association at the address below, price 52p including postage.*

*KEITH THORRINGTON, (Bed & Breakfast Guide Editor)*

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## **Awayday Walker?**

*I am prompted to write a brief note regarding the proposed increase in railway fares, and relate how I have arrived at a solution to the problem. Travelling up and down to London from Chislehurst in Kent by British Rail costs £148 annually, that is up till the 31st November, 1977. After that date the fare is to be £207.*

*I have always walked from home to Chislehurst Railway station (18mins) both morning and evening, as passive resistance to London Transport expensive bus fares. I have recently taken up walking to Grove Park station (35 mins). The annual rail fare from Grove Park to London for 1978 is £148. This, of course, means a nil percentage increase. Grove Park Station is only two stops up the line and the train takes approx. 10 mins to run from one station*

to the other. Now add walking time (18 mins) and train time (10 mins) and it will be seen that there is only a small difference in time (9 mins) between one route and the other. In fact I still catch the same train to London.

For my part I am going to save some £59 annually against leaving home 10 mins earlier in the mornings. As a long distance walker I am getting the benefit of compulsory but not unpleasant road and pavement walking. Next year I have hopes of completing the London to Brighton walk and the Centurion 100 event. So on balance I am well satisfied.

Now arises the interesting thought. What do I do next year when the fares go up yet again? I will buy a track suit and run on to Hither Green, the next railway station beyond Grove Park. By 1985 I should be running all the way into London in the mornings.

PHIL HASTINGS (1708)

## **Checkpointers's Comments**

I would like to comment on the correspondence in Strider 19 on Downsman 'cheats', as I feel that Alan was unduly gentle with Mr Cheyney.

As a reluctant but regular checkpoint for LDWA 100's I would like to express horror both at the idea of more stringent rules for the Downsman, with the manpower it would require, and at the thought of disqualifying walkers.

Mr Cheyney makes it clear that his approach is that of an athlete - viz. his mention of running, practice times, and concern over official finishing order. As Alan said, the Downsman is intended as a personal challenge. Seen in this light, Mr Cheyney's complaints evaporate, and the "standard" of the Downsman is completely unaffected by 'cheats' as they automatically "disqualify" themselves.

It would be best for all concerned if Mr Cheyney, instead of having the frustration of "competing" in a non-competitive event, were to volunteer to do checkpoint duty, thus relieving the strain on the other checkpoints, organisers and walkers alike!

To the organizers I make the small suggestion that the policy of publishing the full set of checkpoint times and awarding certificates is discontinued. Those to whom the Downsman would no longer be an attraction are adequately catered for elsewhere.

BILL RADCLIFFE (799)

## **A Runner's Reply**

I was very interested in Nick Cheyney's letter in the November 'Strider' and even more in Alan's excellent reply. I have looked at the notes etc. and I think Nick has got his check points wrong, as CP No. 3 should have closed at 00.30 hrs or 12½ hrs after the start; no one took this long. CP No. 4 is the one where 14 people were late, myself included. The reason I was late was that I had no intention of running in the dark so I, and several others, started to fast-walk soon after Butser Hill. But, as you say, come daylight and we soon made the time up again. I am very glad the officials used their common sense and let us carry on.

As for cheating, like you, I don't really think people enter an event like this to cheat and I think it would have been very hard to do only 90 miles and still go through all the check points. I would like to tell him how many miles I did, at least 110, possibly more. I got very lost soon after CP No. 7 and went through Hemwood before I found out, that is why I took nearly four hours to go from CP No. 7 to CP No. 8 when most people took less

than two hours. I also got lost between CP No. 12 and 13, and lost well over an hour. I also had two smaller mishaps which set me back a bit. There must have been many others who did more than the '100' so on the average every-one did the '100' so I think Nick's letter is rather petty.

I would like to say a big thank you to all the organisers and officials without whose hard work and months of planning we would have had no event to walk, run or cheat in. Also I would like to say a special thank you to those who manned CP. No. 3. I fell very badly about a quarter of a mile from the checkpoint and I thought I would have to retire, but some runners told them I was lying in the lane and two of them came to help. They helped Brian Davies to move me down to the Barn where my ankle and knee were bandaged up etc. and I managed to limp on and finish.

I wasn't very keen on the late start for runners at first, but it wasn't too bad after all. I think a 16.00 hrs start would have been better and more 12.00 hrs starters, like Nick, would have joined us. It would have also given us that extra few hours of daylight to run in, to those like me who wouldn't run in the dark. Anyway it's over now, it was a super event and roll on the next one.

TED MARSH

## **Constructive Criticism**

Having been a member of the LDWA now for two years and having enjoyed every minute, with excellent value both from the walks and from the Newsletter, I thought that perhaps I would make some small contribution by dropping you a line with a few ideas.

I have now tackled a number of the marathon one and two-day walks and found them interesting and enjoyable, if that is really the right word. One disconcerting feature however, is the number of different rules for different events. Obviously some rules are necessary and are the responsibility of the hike organisers, but some seem equally petty and unnecessary. Also the interpretation of the rules varies to such an extent in respect of "necessary equipment" as to make them a mockery on occasions. The LDWA is gaining in momentum with every year and, on an advisory basis, I should have thought the committee could have got together and drawn up a basic body of rules encompassing the minimum requirements for safety in these events. I am sure that many hike organisers would appreciate this and we walkers would know better where we stand.

Another suggestion, still on marathon walks, might assist the LDWA in making money if not too much work would be involved. Each time we see an attractive and interesting walk in the Newsletter it is a question of writing off for full details of route and rules before deciding whether to enter. If you are tackling enough walks this can be time consuming and costly. The thought crossed my mind that as a majority of the walks cover the same route each year that perhaps the LDWA could compile and publish a booklet on a commercial basis giving full details of the organisation of the various bodies. I for one would purchase a copy hot off the press.

Finally, a minor criticism I like to advertise the LDWA by the wearing of the "M" shirt but alas mine always shrinks to half size after the first wash and they are not all that big to start with. Like many other members, I would gladly pay more for "T" shirts and sweat shirts made of a somewhat better quality material.

Before closing, the LDWA is doing a great job and the Newsletter is interesting and informative with an excellent layout. Unlike many other organisations there still seems to be a good and close relationship with grass root members. I hope that continues.

CHRIS DOBSON (1674)

## LETTERS CONTINUED

The committee has recently approved a draft of "Recommendations for Challenge Walks" and this will soon be available on request to any event organiser. However, the possession of the document by any organising committee will not oblige it to conform or to alter any of its own peculiar rules. Also under discussion has been a proposed "handbook" which would largely meet the requirements you outline. Regarding the "I" shirt; mine have not yet shrunk appreciably so I wonder if the method of washing has anything to do with it. Tony Cresswell now has a stock of new logo "I" shirts and long sleeved sweatshirts so you now have the opportunity to pay more!

Hon. Secretary

## **We Got It Wrong!**

*I've just received the November issue of "Strider" and must say how greatly impressed I am by the new format. Congratulations on a splendid job.*

*There is, however, one small point I would like to mention: on page 15 it is stated that David Rosen has set up a new record for the "Motorised Three Peaks" This is not true. The record is held by Joss Naylor, assisted by rally driver Frank Davies of Ambleside with a time of 11.56 set in 1971. David's time has also been beaten on at least two other occasions: by Eddie Campbell of Lochaber A.C., and by Vauxhall Motors A.C., both in 1973.*

*Bill Smith (101)*

Our apologies for falsely accrediting David with the record. The information was gleaned from "Athletics Weekly" and, because of its mention, we assumed that the performance was a "best time".

## **TO WHAT SPARE TIME ARE YOU REFERRING?**

*In answer to Robin and Herbie Smith's question as to what I do with my spare time (and I would have those people that ring my private address during the day know that I do have a job) I would list the following diversions in random order: watching television (which I do lying flat on the floor - claiming that it is therapeutic converting fireplaces into bookplaces and cupboards (sorry no commissions accepted), trying to sell one blue and white motor caravan, avoiding going to the local athletic club committee meetings, refereeing local league football, attending the local scout committee meetings, thinking about going orienteering, running along the A3, answering diabolical letters from people who want to know where to get water in the Pyrenees, curing athletes foot, or wondering how to be polite to people who request complete accommodation lists for a walk around the British coastline, taking part in races pretending that I'm still 25, selling draw tickets, starting to write books, writing minutes, making dolls houses, posting letters at midnight, cutting hedges, drawing maps for the local archaeological society, typing results of events, thinking up what new events to organise next year, designing leaflets, thinking about painting the outside of the house, thinking about starting to build the porch, attending to the matchbox label collection, doing crossword puzzles, amusing children etc. When there is not much on I take part in road races, challenge walks, and organise a few events.*

ALAN BLATCHFORD (2)

**DONT FORGET! — APRIL 8th MARLOW**

# members 2026 to 2187

LDWA	2026	TERENCE KELLY
"	2027	ALAN KEITH TOMKINSON
"	2028	ERIC THORNHILL
"	2029	JOHN PATRICK NEWNHAM
"	2030	NORMAN HENRY MYDDLETON
"	2031	ROBERT ANTHONY IZZARD
"	2032	CHRISTOPHER BRASHER
"	2033	JEAN TOWLER
"	2034	BRIAN DOUGLAS TAYLOR
"	2035	ROBERT ARTHUR CHAPMAN
"	2036	DAVID ARCHER
"	2037	MARY JEAN MARSH
"	2038	HAZEL MARGARET RIDER
"	2039	GORDON MURRAY
"	2040	REGINALD TOMKINS
"	2041	MICHAEL DAVID HAYWARD
"	2042	JEFFREY DAVID BULL
"	2043	FRANK HAMPSON
"	2044	CHRISTOPHER DAVID ABEL
"	2045	DAVID BRIAN WALLIS
"	2046	ROBERT MINOR
"	2047	JOHN GRAHAM SHELTON
"	2048	F. CEDRIC HOLLINSHEAD
"	2049	CHRISTOPHER BROWN
"	2050	ANDREW SYKES RYMER
"	2051	WILLIAM HALL
"	2052	AUDREY WRIGHT
"	2053	MARGARET LLASERA
"	2054	W. L. STIRLING
"	2055	JOHN MOUNTNEY
"	2056	PATRICIA ANN JAMES
"	2057	JOHN ARTHUR ATHERTON
"	2058	JOHN BUDD
"	2059	STEPHEN JAMES GALE
"	2060	NORMAN STANLEY HEWITT
"	2061	JOHN MILBURN
"	2062	KEITH EDWIN WILSON
"	2063	GEOFFREY HODGKINSON
"	2064	ERIC MACDERMID
"	2065	STEPHEN BERRY
"	2066	EDWARD JOHN CARRADUS
"	2067	MICHAEL BARLOW
"	2068	ROGER REMY LOUIS LE MOINE
"	2069	MARTIN ANTHONY SMITH
"	2070	STUART THOMPSON
"	2071	ROBIN JAMES LLOYD PAUL
"	2072	MARTIN ALLBUTT
"	2073	D. E. MEARS
"	2074	VICTOR MORALEE
"	2075	MARGARET POOLE
"	2076	JAMES BERNARD MCALISTER

# are there any nearby?

LDWA 2077 MARGARET CHRISTINE IVES  
" 2078 TREVOR JOHN FRANKS  
" 2079 RODERICK ARTHUR BULCOCK  
" 2080 REGINALD RICHARD SMITH  
" 2081 PETER MARTIN BARLOW  
" 2082 MIKE TOPP  
" 2083 PETER WHITE  
" 2084 JOHN MARTIN BALL  
" 2085 STEPHEN ARTHUR LINDSEY BURGESS  
  
" 2086 STEPHEN MICHAEL FAKE  
  
" 2087 FRANCIS DAVID KURTHAUSEN  
  
" 2088 PATRICIA HESFORD  
" 2089 KEVIN HAROLD HARDING  
" 2090 HILARY LOUISE BROWN  
" 2091 PETER WYATT  
" 2092 ERIC RAYMOND WOODS  
" 2093 MICHAEL JAMES CHARLES  
" 2094 DAVID BARLOW  
" 2095 MILLIE KATHLEEN CATLING  
" 2096 ROBERT JAMES PEARSON  
" 2097 JANE DICKER  
" 2098 DAVID FRANK MANN  
  
" 2099 PETER RICHARD HARDYMAN  
" 2100 FRANK WILSON  
" 2101 PETER JOHN DIFFEY  
" 2102 PATRICIA DIFFEY  
" 2103 MARK DIFFEY  
" 2104 WANDY HASWELL WILLIAM SWALES  
" 2105 RICHARD IRESON  
" 2106 KENNETH SLATER  
" 2107 FRANCES O'CONNELL  
" 2108 DAVID JOHN FRANKLIN  
" 2109 BRIAN GERRARD KIRKDALE  
" 2110 ALAN FRAMPTON  
" 2111 MICHAEL VICKERS MCKENZIE  
" 2112 SIMON CHRISTOPHER PINKNEY  
" 2113 FREDERICK ARTHUR MOORE  
" 2114 MARK ROBERT WADDAMS  
" 2115 DIANE JILI HAMILTON  
" 2116 MINY STARRENBURG  
" 2117 MARION BAKER  
" 2118 MERVYN KEITH HARVEY  
" 2119 ERIC MURRAY  
" 2120 ANDREW FAULKNER  
" 2121 NEIL RUDDICK  
" 2122 MICHAEL CHEETHAM  
" 2123 PHILIP NEIL HAMILTON  
" 2124 JOHN WILLIAM CLARK  
" 2125 JOHN WILLIAM ROBERTS  
" 2126 JAMES JOSEPH IVORY  
" 2127 DAVID FRASER  
" 2128 CHRISTOPHER SWEETMAN  
" 2129 GORDON COWEN  
" 2130 JOHN LOWSON JECKELLS

LDWA 2131 THOMAS BENNETT  
 " 2132 IAN ATKIN  
 " 2133 ROGER IAN RICH-SMITH  
 " 2134 TINA DAWN RICH-SMITH  
 " 2135 ANDREW JOHN PAIN  
 " 2136 GEOFFREY N. BROWN  
 " 2137 JEFFERY STUART BEE  
 " 2138 JOSEPH GEORGE WINGATE  
 " 2139 STEPHEN ERNEST KILLE  
 " 2140 ELIZABETH ANNE SMITH  
 " 2141 KEVIN DOUGLAS NAYLOR  
 " 2142 DAVID SNELL  
 " 2143 DAVID RALPH COLLEY  
 " 2144 ALLAN WILLIAM CHRISTIE MINCHIN  
  
 " 2145 RICHARD STEVEN GUNSON  
 " 2146 JIM TIGHE  
 " 2147 VICTOR ROBERT COLLINS  
 " 2148 PAULINE E. CALDER  
 " 2149 GEOFFREY ROBERT STILES  
 " 2150 DAVID CRAWFORD  
 " 2151 GRAHAM JOHN REDWOOD  
 " 2152 JOHN LESLIE TAYLOR  
 " 2153 GRIFFIN SYDNEY BREWER  
 " 2154 DAVID GEORGE BLAMPHIN  
 " 2155 PETER MALCOLM PIGOTT  
 " 2156 GEOFFREY VICTOR BEECH  
 " 2157 GWYN FREDERICK ROSE  
 " 2158 ALBERT EDWARD FLEMING  
 " 2159 ANDREW R. KILBRIDE  
 " 2160 BARBARA GOUGH  
 " 2161 LES HATHAWAY  
 " 2162 GERRY CHARNLEY  
 " 2163 RAYMOND GRAY  
 " 2164 JOHN E. TODD  
 " 2165 DR P.W. LEECH  
 " 2166 A. McKIE  
 " 2167 MICHAEL DAVID OWEN  
  
 " 2168 CHRISTOPHER BRAD  
 " 2169 RONALD THOMAS TOWNSEND  
 " 2170 DENIS ALBERT ARNOLD  
 " 2171 PETER MAXWELL GRAYSON BROUGHTON  
 " 2172 DONALD KEITH OWEN  
 " 2173 ARTHUR VINCE  
 " 2174 KEITH ARMSTRONG MILLER  
 " 2175 ROBERT BELL  
 " 2176 FRANK TATE  
 " 2177 JOHN TATE  
 " 2178 TERENCE ANTHONY BEGENT  
 " 2179 JANETTE PATRICIA LEADER  
 " 2180 CHERRY ANN RUDD  
 " 2181 MARIA DONOVAN  
 " 2182 TIMOTHY DAVID WALLAM  
 " 2183 KATHERINE SUSANNAH MARY AMBROSE  
 " 2184 ELIZABETH ANNE BRIGGS  
 " 2185 ROBERT NEIL EVANS  
 " 2186 FRANK MASON  
 " 2187 RITA RIDLEY

**why not get in touch ?**



# PUTTING IT



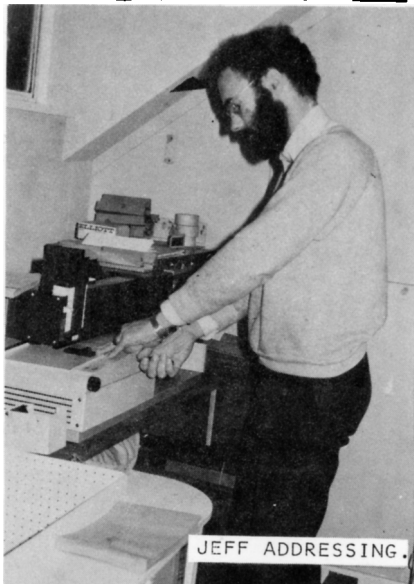
TYPING.



ABOVE: EDITING. BELOW: ENVELOPING.

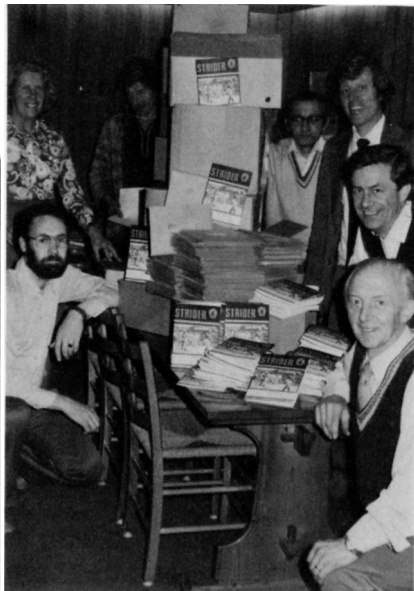


# TOGETHER



JEFF ADDRESSING.

BELOW: 1,464 copies packed up and ready to go. L.to R. Jeff, Margaret John Robinson, Jim McQuillan, Ralph Henley, Bill Grace and Vince Smith.



# CALENDAR OF FUTURE EVENTS

# 1978

MARCH	18	SAT.	THREE PEAKS TRIAL	GWENT	18
	19	SUN.	SEVENOAKS CIRCULAR	KENT	30
	26/APR 7	SUN/FRI	MARCHE DE L'EUROPE	E.E.C.	
	27	MON.	MANX MOUNTAIN MARATHON	I.O.M.	30
APRIL	2	SUN.	FOREST ROUNDABOUT	ESSEX	30
	2	SUN.	WESSEX XXX	HANTS	30
	8	SAT.	MID-WALES MOUNTAIN WALK	GWYNEDD	22
	8	SAT.	A.G.M. & DINNER	MARLOW, BUCKS	
	9	SUN.	POST-DINNER RAMBLE	BUCKS	
	15/16	SAT/SUN	ORGANISERS' CLEVELAND 100	N.YORKS	100
	22/23	SAT/SUN	SURREY SUMMITS	SURREY	62½
	23	SUN.	JOG and WALK MARATHON	CHESHIRE	26½
	23	SUN.	LONDON COUNTRYWAY		
MAY	6	SAT.	RIDGEWAY WALK	WILTS/BERKS	40
	7	SUN.	BRENTWOOD WALKS	ESSEX	20-15-12
	7	SUN.	PLYMOUTH/DAWLISH WALK	DEVON	42
	7	SUN.	SILVA SURREY FELL RACE	SURREY	15
	13	SAT.	MAAM TURKS WALK	GALWAY/EIRE	14
	14	SUN.	BERKSHIRE TWENTY-FIVE	BERKS	25
	20	SAT.	SPRING IN LAKELAND	CUMBRIA	28
	20/21	SAT/SUN	FELLSMAN HIKE	N. YORKS	59
	20/21	SAT/SUN	ISLE OF MAN PARISH WALK	I.O.M.	85
	20/21	SAT/SUN	TEN TORS EXPEDITION	DEVON	55-45-35
	21	SUN.	SIX SHROPSHIRE SUMMITS	SALOP	35
	27/29	SAT/MON	CLEVELAND HUNDRED	N.YORKS	100
JUNE	3	SAT.	WELSH 1000 METRES RACE	GWYNEDD	20
	3	SAT.	PEAK DIST. 25 MILE MARATHON	DERBYSHIRE	25
	4	SUN.	CHEVY CHASE	NORTHUMB.	17
	4	SUN.	MINI-MOUNTAIN MARATHON	S. WALES	25-15
	4	SUN.	MOURNE WALL WALK	CO.DOWN/ULSTER	22
	4	SUN.	PUNCHBOWL MARATHON	SURREY	30
	4	SUN.	REEKS RIDGE WALK	KERRY/EIRE	11
	17	SAT.	LAKES 4-3000s PEAK TRIAL	CUMBRIA	45
	18	SUN.	PURBECK PLOD	DORSET	23
	24	SAT.	MALVERN MID-SUMMER M.	WORCS.	35
	24	SAT.	SOUTH WALES MARATHON	POWYS/DYFED	46
	24/25	SAT/SUN	SAUNDERS LAKELAND M.M.	CUMBRIA	50-40-26
	25	SUN.	COTSWOLD CRIPPLER	GLOS.	35
JUNE 29/JULY 2		THUR/SUN	CASTLEBAR INT. 4 DAY WALKS	MAYO/EIRE	25-15-3
JULY	1	SAT.	PEAK DIST. 40 MILE M'THON	DERBYSHIRE	40
	1 (?)	SAT.	MALLERSTANG MARATHON	N.YORKS/CUMB	25
	2	SUN.	TANNERS MARATHONS	SURREY	50-30-10
	8	SAT.	LYKE WAKE RACE	N.YORKS	40
	15/16	SAT/SUN	TANNERS 2-DAY WALKS	SURREY	60-30-20
	15/16	SAT/SUN	N.Y.MOORS CROSSES WALK	N.YORKS	53
	22/23	SAT/SUN	ICKNIELD EIGHTY	BERKS/BUCKS	80
	28/29	FRI/SAT	LEICESTER-SKEGNESS RACE	LEICS/LINCS	100
AUG.	6	SUN.	R.M.P.CHICHESTER MARCHES	SUSSEX	25-20-12½
	13	SUN.	ENFIELD CHASE	HERTS/MIDDY	26-13
	20	SUN.	DORSET DODDLE	DORSET	32
SEPT.	2	SAT.	ACROSS WALES WALK	DYFED/POWYS	43
	2	SAT.	BRIT.AIR.INT. 1 DAY WALKS	BERKS	25-15
	2/3	SAT/SUN	BULLOCK SMITHY	CHES/DERBYS	56
	9	SAT.	KENDAL GATHERING WALK	LANCS/CUMBRIA	57-37-15
	10	SUN.	SOUTH YORKSHIRE MARCH	S. YORKS	28-20-8
	10 (PROV)	SUN.	GUILDFORD BOUNDARY	SURREY	22
	16	SAT.	TEESDALE MARATHON	DUR/N.YORKS	35-25
	17	SUN.	CHILTERN MARATHON	BUCKS/BERKS	25
	23	SAT.	MORTIMER FOREST MARATHON	HEREF/SALOP	30-20
OCT.	1	SUN.	ANDREWSWEALD CIRCUIT	KENT/SUSSEX	30-20
	7/8	SAT/SUN	LONGMYND HIKE	SALOP	50
	28	SAT.	HALLOWE'EN HAPPENING	LANCS	25-15
	28/29	SAT/SUN	KARRIMOR 2-DAY M.M.	S. SCOTLAND	50-25
	28/29	SAT/SUN	CAPTAIN COOK WALK	N. YORKS	44
NOV.	11/12	SAT/SUN	THREE FORESTS WAY	ESSEX	60