# Trans Gwent-Glam Part 2

## Date: 16th November 1985

## Distance/Ascent: 25.3 miles, 4130 Feet

## Leader: Tony Clark

## Route Description:

* Train to Bridgend, start at railway station (SS 908 799).
* North-east through town across old railway line at (SS 911 802) and through Bridgend Industrial Estate to minor road near Simondstone Farm at (SS 926 810).
* Road to Coity taking path past Coity Castle on east side to road.
* North on road to (SS 923 821). Footpath north to track at (SS 926 827).
* Across M4 by bridge at (SS 920 828). Footpath then road along Cefn Hirgoed to Hirwaun Common. Across B4280 at (SS 938 838) and past Tynywaun Farm to road at (SS 943 849).
* East along road then north past Tyn-y-waun Farm and up to summit of Mynydd y Gaer.
* Ridgeway path over Mynydd Maendy, Mynydd Portref and Mynydd Meiros
* Through Llantrisant Forest to road at (ST 030 842). South down road to (ST 031 837).
* Track then path north-east across River Ely to A4119 at (ST 038 842).
* South along A4119 for short way then path up into Llantrisant.
* East along path to cross A473 on old railway line at (ST 057 832).
* Around north side of Caerau Hill Fort to Rhiwsaeson, path east to pub at (ST 078 828).
* Roads to (ST 083 827), path north then east through forestry uphill to road at (ST 094 831).
* East then north-east on paths and tracks to summit of Garth Hill.
* East along ridge then down to road and into Gwaelod-y-garth.
* Down zig-zags and across Taff river by footbridge to Taff’s Well.
* Through Glan-y-llyn northwards and up west ridge of Craig yr Allt passing below summit to road at (ST 142 852).
* Paths east to summit of Caerphilly Common, down A469 past Traveller’s Rest pub and along Excalibur Road to Thornhill.

## Weather: Dull most of day with some brighter periods mid-morning. Cool with light breeze – started raining at west end of Llantrisant Forest and remained steady for rest of day. Entered Taff’s Well in darkness and finished in rain and mist. Real good foul weather.

## Participants: Tony Clark, Nick Kaye, Frank Wood, Clive Marchant, Steve Plant, Don Henley, Doug Matthews, Keith Bennet, Mike Evans, Chris Coy, Marcus Harling.