# Walk Around Afon Argoed

## Date: 19th January 1985

## Distance/Ascent: 22 miles, 3950 feet

## Leaders: Andrew Clabon & Nick Kaye

## Route Description:

* Start at Afon Argoed Country Park (SS 822 951).
* Bridle track south-east up Cefn yr Argoed to track junction at (SS 840 934).
* Track north-north-east around west side of Foel y Dyffryn then across to track heading south-south-east downhill into Dyffryn and Caerau at (SS 853 940).
* Roads to (SS 855 938), road then track east to forestry beside Nant Gwyn Bach.
* Forestry track around north then east side of Darren y Bannau to track junction at (SS 888 931).
* Track southwards through Garw Forest to exit from forestry at (SS 889 906).
* Path then track south past Cynhordy Farm to road at Capel Bach at (SS 884 885).
* Road south-south-east past Celfyddyfan to A4063 at (SS 890 963).
* Across A4063 taking dismantled tramway to lane at (SS 888 853).
* Lane then track then fields westwards over Mynydd Baedan to road at (SS 866 859).
* Road north-west to road junction at (SS 846 873).
* Track north-west beside forestry following forestry edge up Cwm Kenfig to forestry incut on Mynydd Margam at (SS 831 888).
* Track north through forestry over Mynydd Bach to Careg Bica at (SS 835 912).
* Track across golf course and B4282 and through forestry over Rhiw Tor Cymry to track junction at (SS 839 931).
* Forestry tracks north-west downhill into Cwm yr Argoed and down to A4107 and car park

## Weather: About 3 inches snow covering over all route with drifts up to 3 feet – light breeze – chilly – some weak sun – hazy/misty views – very enjoyable day with snow making walking difficult.

## Participants: Andrew Clabon, Nick Kaye, Don Henley, Tony Clark