# Ron’s Search For Pwll Swnd

## Date: 12th August 1984

## Distance/Ascent: 19.8 miles, 4575 feet

## Leader: Ron Dix

## Route Description:

* Start at car park beside Afon Giedd at (SN 791 128), (Ystradgynlais area)
* Southwards down track and road to (SN 787 112).
* Across Afon Giedd and uphill to minor road at (SN 784 122).
* Road south-west to track junction at (SN 779 118)
* Track northwards past Bryngrunin Farm and across Nant Gwys.
* Across old open-cast workings to track at (SN 770 121).
* Track through forestry west-north-westwards to bridge over Afon Twrch at (SN 756 126).
* Path up left (right) bank of Afon Twrch crossing to right (left?) bank at (SN 762 134).
* Path past Gelliau (ruin) and up valley of Afon Twrch to (SN 772 162).
* Northwards uphill with Nant y Llyn to right to Pwll Swnd (we think?) then summits of Foel Fraith and Garreg Lwyd (2022 ft).
* North through old quarries and downhill to A4069 at Pont Clydach.
* North-west on A4069 for a few yards then north-east on track around slopes of Truman, turning eastwards following intake wall across north slopes of Cylchau and into Cwm Sawdde Fechan.
* Eastwards uphill to col between Carreg yr Ogof and Garreg Las.
* South uphill to summit of Garreg Las (2075 ft).
* South-east downhill, across Twrch Fechan to cross Afon Twrch at (SN 788 188).
* Due south across Bwlch y Ddeuwynt gradually turning south-eastwards across the ridge.
* Across Gwys Fawr and to path descending from Carreg Lem
* Southwards on path via Cae Mawr to finish at car park.

## Weather: Fine and sunny all day – good views – warm all day – light breeze

## Participants: Ron Dix, Nick & Julia Kaye, Andrew Clabon, Malcom Hewson, Gerry Jackson, Don Henley, Keith Bennett, Tony Clark, Mike Bennison