# Andrew’s Amble

## Date: 13th May 1984

## Distance/Ascent: 28.5 miles, 5200 feet

## Leader: Andrew Clabon

## Route Description:

* Start at (SN 848 171) on A4067 north of Craig-y-nos.
* South-west along A4067to (SN 845 165), path past Carreg Haffes farm across Afon Haffes
* Path uphill over Twyn Spratt, over the moor, uphill over Castell y Geifr to Carreg Goch
* South-west from summit of Carreg Goch for short way to wreck of a Wellington aircraft.
* North up valley to Sinc Giedd. West-north-west across Carreg-Lem and Gwys Fawr stream and cross the Afon Twrch at about (SN 787 187).
* North up the valley of the Twrch Fechan and across Pen-Rhiw-goch to Carreg Yr Ogof.
* Eastwards across Waun Bwdel to the Tyle Gwyn ridge.
* North down the ridge to cross the Afon Sawdde at (SN 798 238).
* Uphill northwards following the intake fence around west side of Foel.
* Then continue northwards across Rhos LLechach and the Afon Llechach to reach the minor road at about (SN 794 264).
* Minor road east for short way then follow track to Afon Clydach and around west side of Fedw Fawr. North-north-east to edge of forestry.
* North along forestry edge to end of forestry ride at (SN 804 285).
* Forestry ride to standing stone then track north-east and devious route through forestry to exit along forestry ride at (SN 809 292).
* North-eastwards across south slopes of Mynydd Myddfai, Pant y Ddwyros and Waun Ddu to Y Pigwn and Roman camps.
* South-east along track of Roman road and then metalled road to (SN 854 296).
* Path west through fields to Gelligam farm, down farm track to road at (SN 843 290).
* Westwards and then south along road to junction at (SN 829 274).
* East along road East along road to junction with forestry road at (SN 832 275).
* South along track through Glasfynydd Forest to exit onto hillside at (SN 831 261).
* Southwards across head waters of Nant Tarw and Garn Las and then up ridge of Bryn Blaen-Wysg to Tro’r Fan Foel, Fan Foel and summit of Bannau Brycheiniog (2630 ft).
* South to Bwlch Giedd and up to summit of Fan Hir (2400ft).
* Southwards down ridge and over Allt Fach and then down steeply to Afon Tawe at (SN 848 172). Across Afon Tawe to A4067 and finish.

## Weather: Very chilly wind at beginning of walk. Sunny all day with good views. Got warmer during day (but still chilly wind on Bannau Brycheiniog) in fact quite hot at times. A fine day.

## Participants: Andrew Clabon, Nick & Julia Kaye, Alan Fox, Gerry Jackson, Tony Toon, Mike Evans, Don Henley, Andrew Barker, Malcolm Hewson, Marcus Harling, Tony Clark, Pete (from Burry Port).